## Lunar/Solar Tides and Pendulum Clocks (part 1)

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The theory behind variations in the acceleration due to gravity is explained in some detail. The value of $g$ and the subtle lunar/solar tidal effects on $g$ are calculated. This tutorial is relevant background to a discussion about the performance and limitations of precision pendulum clocks, such as Shortt, Fedchenko, and Hall's Littlemore.

## Calculation of $\mathbf{g}$

Before we jump into details of lunar/solar tides let's review some basic physics. To a first approximation, the pendulum period equation is $T=2 \pi \sqrt{ }(\mathrm{~L} / \mathrm{g})$, where T is the period, L the length of the pendulum, and $g$ is the acceleration due to gravity. Here on the surface of the Earth g has an approximate value of $9.8 \mathrm{~m} / \mathrm{s}^{2}$ (or $32 \mathrm{ft} / \mathrm{s}^{2}, 980 \mathrm{~cm} / \mathrm{s}^{2}, 385 \mathrm{in} / \mathrm{s}^{2}, 32 \mathrm{ft} / \mathrm{s}^{2}$ ). In the field of gravity research g is often measured in units of Gals, where $1 \mathrm{Gal}=1 \mathrm{~cm} / \mathrm{s}^{2}$. Thus g is about 980 Gals, or 980,000 mgal (milligals), or $980,000,000 \mu \mathrm{gal}$ (microgals).

Where does the value of g come from? The force of gravity on an object is, to a first approximation, $F=G M m / R^{2}$, where $M$ is the mass of the Earth, $m$ is the mass of the object, and $R$ is the Earth's radius. Converting force to acceleration ( $F=m a$ ) and canceling m's we arrive at a simple expression for the acceleration due to gravity: $F / m=g=G M / R^{2}$.

The universal gravitational constant, G (so-called big G), is $6.6742 \times 10^{-11} \mathrm{~m}^{3} / \mathrm{s}^{2} / \mathrm{kg}$. The mass of the Earth, M, is $5.9736 \times 10^{24} \mathrm{~kg}$ and the radius of the Earth, R , is approximately 6372 km . Doing the math, the acceleration due to gravity, g (so-called little $g$ ), is about $9.82 \mathrm{~m} / \mathrm{s}^{2}$.

In short, the value of $g$ that we have memorized is not a magic mathematical constant, it is simply a function of Earth mass, density, and distance.

## Variations in g, Space

Since Earth has a slight equatorial bulge $g$ clearly varies by latitude. Note that $g$ varies by the square of the radius so this effect is amplified. In addition the value of $g$ is affected by such local factors as proximity to large mountain masses, subsurface density variations (due to mineral ore, oil, gas, or seasonal water table), and elevation above mean sea level.

Although the nominal value for the acceleration due to gravity at the Earth's surface is $9.8 \mathrm{~m} / \mathrm{s}^{2}, \mathrm{~g}$ ranges from 9.76 to $9.83 \mathrm{~m} / \mathrm{s}^{2}$ depending on location. That's more than a $0.5 \%$ variation! As one example, my theoretical calculations predict $g$ here in Seattle (latitude $\sim 47.6^{\circ}$ ) is $9.8085 \mathrm{~m} / \mathrm{s}^{2}$ while $g$ in San Francisco (latitude $\sim 37.8^{\circ}$ ) is $9.7997 \mathrm{~m} / \mathrm{s}^{2}$. The net difference of 0.0088 out of 9.8 is about 900 ppm ( $90 \mathrm{ppm} /$ degree of latitude). Wow!

Similarly while g here at sea level is $9.8085 \mathrm{~m} / \mathrm{s}^{2}, \mathrm{~g}$ at the summit of nearby Mt Rainier (14411 $\mathrm{ft}, 4392 \mathrm{~m}$ ) is $9.8133 \mathrm{~m} / \mathrm{s}^{2}$; a difference of 0.0048 out of 9.8 , or about 500 ppm ( 11 ppm per 100 meters of elevation). In horological terms (one second a day is about 11 ppm ), these two examples represent a clock rate error of about 77 and 43 seconds a day.

We can appreciate why, in previous centuries, a pendulum clock was the scientific instrument best suited to measure the shape of the Earth. We take for granted that pocket watches keep the same rate anywhere in the world. But one man's error is another man's signal: modern laserbased, free-fall gravimeters have a sensitivity of about $1 \mu \mathrm{gal}$ and are used today in mineral and oil exploration.

In short, the value of $g$ that we have memorized is not even a constant, it is a function of where on the planet you are; the local and global spatial variations are on the order of hundreds or thousands of ppm.

## Variations in g, Time

If a precision pendulum clock were attached to a massive wall or stone foundation at a fixed location on Earth would $g$ then be constant? No, although location is a large factor, it is not the only factor. Being massive and nearby (in an astronomical sense), the Sun and Moon have a nonzero effect on the gravitational force on an object.

Picture what happens when the Moon is directly overhead. While the Earth is strongly pulling the pendulum down with an acceleration of 1 g , the Moon is weakly pulling the pendulum up towards itself. The result is that $g$ will decrease slightly. Similarly, when the Moon is on the opposite side of the Earth the pendulum is pulled down by the combined forces of both the Earth and the Moon. The result is that g will increase slightly.

The above is a simple but not technically correct explanation for variations in $g$ over time. To be more precise realize that tides are the result of a differential force. The way to think of it is not that the Moon is pulling one direction and the Earth the other. The proper interpretation is that the acceleration caused by the Moon is stronger for near objects than for far objects (and not just inverse, but inverse squared). When the Moon is overhead, from the Moon's perspective, the center of mass of the Earth is farther away than the center of mass of the pendulum (which rests on the surface of the Earth).

The value of $g$ that we have memorized is also not constant in time. It is affected by the dynamic relationship between the Earth, Sun, and Moon.

## Calculation of Tides, Moon

It's not hard to compute the differential acceleration. Let R be the radius of the Earth and D be the distance between the center of the Earth and the center of the Moon. When the Moon is directly overhead, a pendulum on the surface of the Earth is $\mathrm{D}-\mathrm{R}$ away from the center of the Moon. When the Moon is directly opposite the pendulum is $\mathrm{D}+\mathrm{R}$ away from the center of the Moon. The center of Earth remains D away from the center of the Moon.

Let $M_{e}, M_{m}$, and $M_{p}$ be the mass of the Earth, Moon, and pendulum, respectively. The pendulum of mass $M_{p}$ is accelerated towards the Earth:

$$
\mathrm{g}_{0}=\mathrm{F} / \mathrm{M}_{\mathrm{p}}=\mathrm{GM}_{\mathrm{e}} / \mathrm{R}^{2}
$$

The pendulum is also being accelerated towards the Moon:
$\mathrm{F} / \mathrm{M}_{\mathrm{p}}=\mathrm{GM}_{\mathrm{m}} /(\mathrm{D}-\mathrm{R})^{2}$ when the Moon is directly overhead $\mathrm{F} / \mathrm{M}_{\mathrm{p}}=\mathrm{GM}_{\mathrm{m}} /(\mathrm{D}+\mathrm{R})^{2}$ when the Moon is directly below

The Earth is being accelerated towards the Moon:

$$
\mathrm{F} / \mathrm{M}_{\mathrm{e}}=\mathrm{GM}_{\mathrm{m}} / \mathrm{D}^{2}
$$

The differential (tidal) acceleration on a pendulum on the surface of the Earth due to the Moon is then:

$$
\begin{aligned}
& \mathrm{GM}_{\mathrm{m}} /(\mathrm{D}-\mathrm{R})^{2}-\mathrm{GM}_{\mathrm{m}} / \mathrm{D}^{2} \text {, which expands to } \\
& \mathrm{GM}_{\mathrm{m}}\left(\mathrm{D}^{2}-\left(\mathrm{D}^{2}-2 \mathrm{DR}+\mathrm{R}^{2}\right)\right) /\left(\mathrm{D}^{2}(\mathrm{D}-\mathrm{R})^{2}\right) \text {, which simplifies to } \\
& \mathrm{GM}_{\mathrm{m}}\left(2 \mathrm{DR}-R^{2}\right) /\left(\mathrm{D}^{2}(\mathrm{D}-\mathrm{R})^{2}\right)
\end{aligned}
$$

Now since $\mathrm{R} \ll \mathrm{D}\left(\mathrm{R}=6.372 \times 10^{3} \mathrm{~km}, \mathrm{D}=3.844 \times 10^{5} \mathrm{~km} ; \mathrm{R} / \mathrm{D}=0.016\right)$ we arrive at this close (within 1\%) approximation to the differential acceleration:

$$
\mathrm{GM}_{\mathrm{m}} 2 \mathrm{R} / \mathrm{D}^{3}
$$

With this formula we can now calculate the magnitude of the tidal effect of the Moon. Using $\mathrm{M}_{\mathrm{m}}$ $=7.347 \times 10^{22} \mathrm{~kg}$ and $\mathrm{D}_{\mathrm{m}}=3.844 \times 10^{5} \mathrm{~km}$, the size of lunar tides is $\mathrm{g}_{\mathrm{m}}=1.10 \times 10^{-6} \mathrm{~m} / \mathrm{s}^{2}$. In units of g , this is $1.12 \times 10^{-7} \mathrm{~g}$, or about 0.11 ppm of g .

## Calculation of Tides, Sun

Using the same formula we can also calculate the magnitude of the tidal effect of the Sun. The Sun is so much more massive than the Moon (about 27 million times!) one might expect it to have the dominate effect. But it is also much further away (about 390 times) and since tidal effects vary as the cube of the distance the net result is that solar tides affect a pendulum only $45 \%$ as much as lunar tides. (Never underestimate the power of inverse square or cube in astronomy.)

With $\mathrm{M}_{\mathrm{s}}=1.989 \times 10^{30} \mathrm{~kg}$ and $\mathrm{D}_{\mathrm{s}}=1.496 \times 10^{8} \mathrm{~km}$, the size of solar tides is $\mathrm{g}_{\mathrm{s}}=5.05 \times 10^{-7} \mathrm{~m} / \mathrm{s}^{2}$. Again in units of g , this is $5.14 \times 10^{-8} \mathrm{~g}$, or about 0.05 ppm of g .

The tidal effects are additive. In the case where both the Sun and Moon are overhead the tidal effect on g is $\mathrm{g}_{\mathrm{m}}+\mathrm{g}_{\mathrm{s}}$, or $1.63 \times 10^{-7} \mathrm{~g}$. When not overhead the tidal forces are correspondingly less based on the geometry. In general, the value of $g$ experienced at any instant by a pendulum can be represented as:

$$
\mathrm{g}=\mathrm{g}_{0}+\mathrm{g}_{\mathrm{m}}(\mathrm{t})+\mathrm{g}_{\mathrm{s}}(\mathrm{t})
$$

where $\mathrm{g}_{0}$ is the fixed acceleration of gravity at some location due to the Earth alone (ignoring the rest of the universe) and $g_{m}(t)$ and $g_{s}(t)$ are the time-varying tidal acceleration effects of the Moon and Sun, respectively. With an inverse cube effect you can guess that none of the other planets in the solar system have a relevant contribution to tides.

Accurate calculation of $g_{m}(t)$ and $g_{s}(t)$ for any time is complicated by many factors. If the Sun or Moon is not directly overhead the effect varies according to the trigonometry of the angles. The Earth is tilted $2312^{\circ}$. The distance from the Earth to the Sun varies since the orbit of the Earth
around the Sun is elliptical, not circular. Same for the Moon. The distance to the Moon varies from $363,104 \mathrm{~km}$ to $405,696 \mathrm{~km}$. The plane of the orbit of the Moon is inclined $5.1^{\circ}$ with respect to the Earth-Sun plane. The Earth itself spins while all this is going on. There is precession of the orbits; of the plane of the orbits; of the axis of rotation(s). There's nutation; polar motion. The surface mass of the Earth is deformed due to tides, further affecting the calculations. A so-called Love number correction can be applied based on the density and fluidity of the mass. There's more than I understand to be sure.

But astronomers love this sort of complexity and with no small number of lines of computer code it is possible to calculate the actual position of the Sun and Moon in the sky and compute the net lunar/solar correction to $g$ for
 any place and time on Earth. Ocean tides are even more complicated since they depend on timedelayed sloshing liquids, on topography of bays and ocean shores; levels of differential acceleration not relevant to the simple case of the point mass of a pendulum.

It is as if dozens of celestial gears are in motion, all of them turning at different rates, none of them in phase, each of them affecting gravity slightly, and the effect on a pendulum clock is the temporary sum of all gears at any given instant. The analogy is appropriate: above, for example, is a photograph of an old mechanical tide predicting machine, made from cables, pulleys, shafts, dials, and yes ... gears.

So the value of $g$ that we have memorized is neither constant in space nor in time. Due to the effects of the Moon and Sun $g$ is a complex function of time; the temporal variations are on the order of a tenth ppm.

## A Graphical View of Tides

The following plots show calculated changes in $g$ over time for Seattle. The scale for each plot is the same: $\pm 200 \mu \mathrm{gal}$, with positive values representing upward pull. Since $\mathrm{g}=980,000,000$ microgals, $1 \mu \mathrm{gal}$ is about $10^{-9} \mathrm{~g}$ (a nano g ). Typical tidal variations of g here are approximately $+150 \mu \mathrm{gal}$ to $-100 \mu \mathrm{gal}$, which seems to agree well with theory presented above (note $200 \mu \mathrm{gal}$ is about 0.2 ppm g ).

The first plot below is one-week duration; the second plot is one-month duration. Note large daily and weekly wiggles. In these plots $12 \& 24$ hour cycles (Earth rotation) are clearly visible, as well as $14 \& 28$ day cycles (Moon orbit).


The plots clearly reveal multiple cycles superimposed. To better understand this, the first plot below is the solar-only component of the 1 -week plot above; the second plot below is the lunaronly component.



Tidal acceleration plots for different locations on Earth and different time spans reveal other patterns. Below are three plots for the full year, 2006.

Solar tides only (note annual cycle and equinox points):


Lunar tides only (note strong $14 \& 28$ day cycles and slight asymmetry):


Combined tidal effect (gravitational sum of lunar and solar effects):


Note also that due to the complex, non-synchronous nature of the cycles the sum of successive positive and negative variations of $g$ do not necessarily cancel out over time. Clearly a long-term average is better than a short-term average but no average will lead to a complete cancellation.

The rate of change of g is also of interest to a pendulum clock. A change of 0.1 ppm gradually over a few weeks is different than the same change in g over a few hours. From the graphs the rate appears to be as much as $200 \mu \mathrm{gal}$ in as little as 4 hours, which translates to a certain rate of period change, equivalent to a "rate of rate" of time (also called frequency drift).

## Math with Small Numbers

A short aside is useful here. When doing math with very small numbers it is often easier to put away the calculator and use shortcuts instead. Consider $T=2 \pi \sqrt{ }(\mathrm{~L} / \mathrm{g})$. It's clear that if L quadruples then T doubles; if g is quartered then T halves. That's easy. But what happens to T if $g$ goes up or down by only 0.1 ppm ? First note that saying "g goes up 0.1 ppm " means "g +0.1 ppm of $g^{\prime \prime}$ which is $g \times(1+0.1 \mathrm{ppm})$, or $g \times 1.0000001$.

If you consider that $1.1^{2}=1.21$ or $1.01^{2}=1.0201$ or $1.001^{2}=1.002001$ a pattern is clear. 1 plus $10^{-\mathrm{n}}$ squared is nearly exactly 1 plus $2 \times 10^{-\mathrm{n}}$. In general, if $\varepsilon$ is a small number, both of the following are true:

$$
\begin{aligned}
(1+\varepsilon)^{2} & =1+2 \varepsilon \\
\sqrt{ }(1+\varepsilon) & =1+1 / 2 \varepsilon
\end{aligned}
$$

Similarly, the pattern in $1 / 1.1=0.909$ or $1 / 1.01=0.990099$ or $1 / 1.001=0.999000999$ confirms another pair of shortcuts:

$$
\begin{aligned}
& 1 /(1+\varepsilon)=1-\varepsilon \\
& 1 /(1-\varepsilon)=1+\varepsilon
\end{aligned}
$$

## Conclusion

We now see that if g goes up/down by $\varepsilon$, then $T$ goes down/up by $1 / 2 \varepsilon$. Also since we now know that $g$ varies by about $\pm 1 \times 10^{-7}\left(2 \times 10^{-7}\right.$ total), we can conclude that $T$ varies by about $\pm 5 \times 10^{-8}$ ( $1 \times 10^{-7}$ total). More on this later.

Putting this in horological perspective, note that a rate deviation of $1 \times 10^{-7}$ is equivalent to about 3 seconds a year or about 8 ms per day, suggesting that a pendulum clock has to be stable to at least a couple of milliseconds a day before it can "detect tides". If a pendulum clock is inherently stable to milliseconds a day then tides will significantly limit and measurably affect its shortterm performance. On the other hand, if a pendulum clock is much less accurate than milliseconds a day then the noise of lunar/solar tides will transparently join other noises in the clock.

In summary, the $9.8 \mathrm{~m} / \mathrm{s}^{2}$ value for $g$ changes in the 2 nd or 3rd decimal place from location to location and changes in the 6th decimal place from hour to hour. The temporal variations are bounded and predictable; they average down over time, but never quite to zero. These "ripples" in $g$ cause variations in pendulum clock rate on the order of $1 \times 10^{-7}$, which is equivalent to milliseconds per day.

The perturbations of period become a source of gravity noise in any precision pendulum clock. A more detailed analysis of that noise, the pendulum's response to a changing g, and the ability of the pendulum to detect the noise of tides is the subject of the next section.

