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# **A close look at clock 'B'**

*and why pendulum clocks are even more interesting than atomic clocks.*

**Tom Van Baak**

*Harrison Decoded Conference*

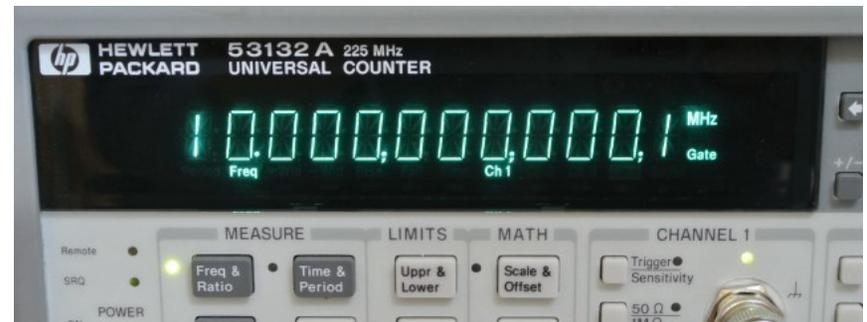
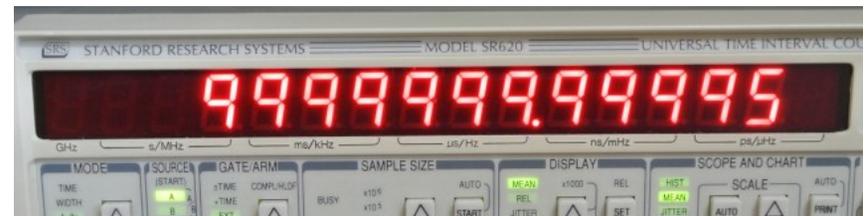
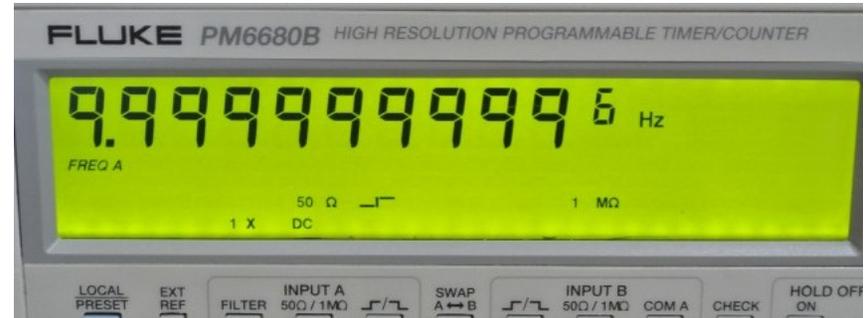
Greenwich, April 2015

# Outline

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1. Introduction
2. First look, Clock “B”, 2013
3. In search of the perfect clock
4. Second look, Clock “B”, 2015
5. Pendulum accuracy, P & Q

# 1: Introduction



# Home time & frequency lab

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# Museum of vintage *hp* clocks

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# Atomic clock experiments

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# Fashionable atomic wristwatch

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# Miniature cesium clock (CSAC)

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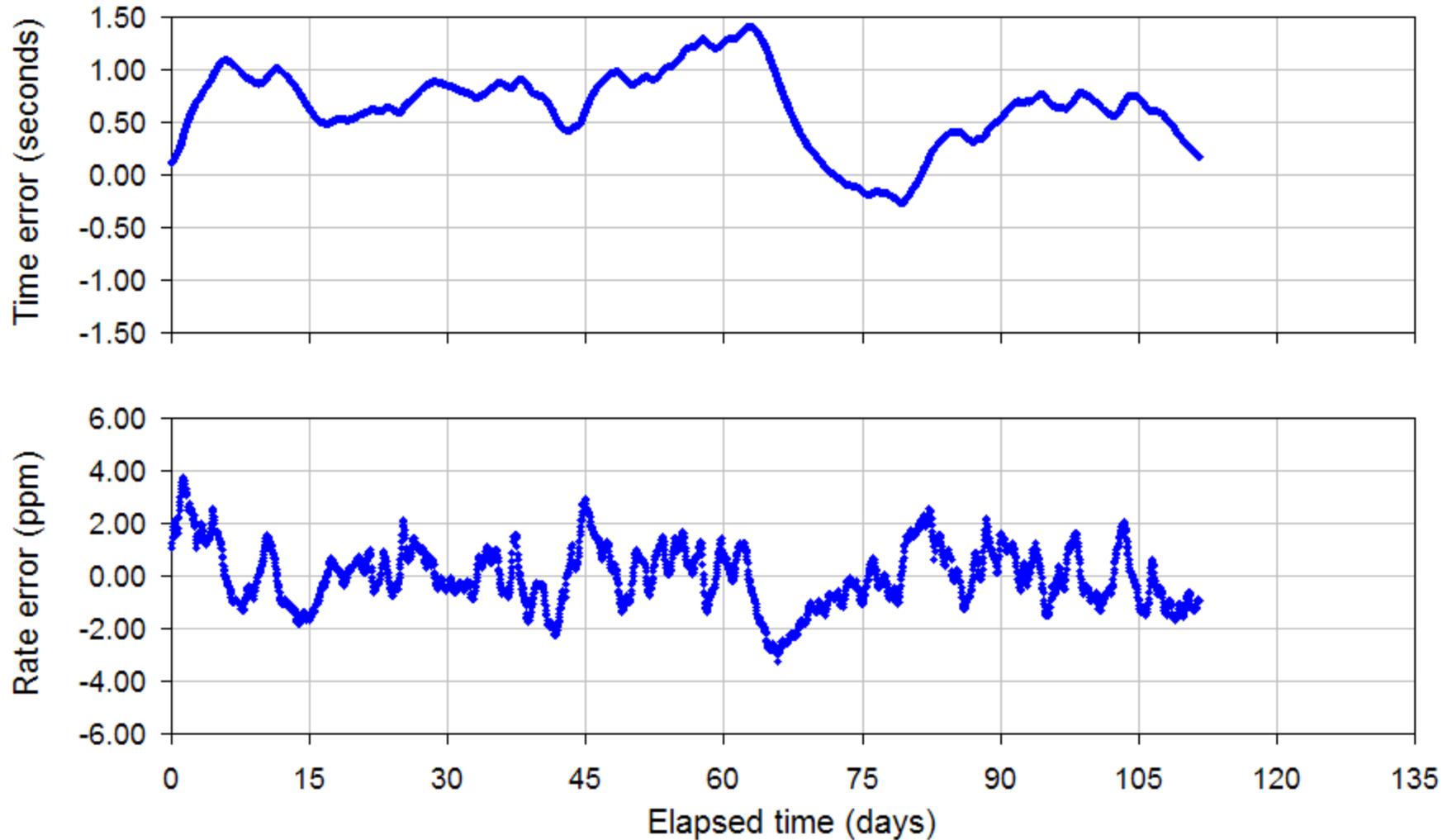


## 2: First look, Clock “B”, 2013

- Mysterious “Burgess Regulator B”
- Raw Microset / GPS data files
  - 300 second (5 min) samples
  - October 30, 2012 to February 19, 2013
  - 111 days
- N.B. all 2012/2013 plots in **blue**

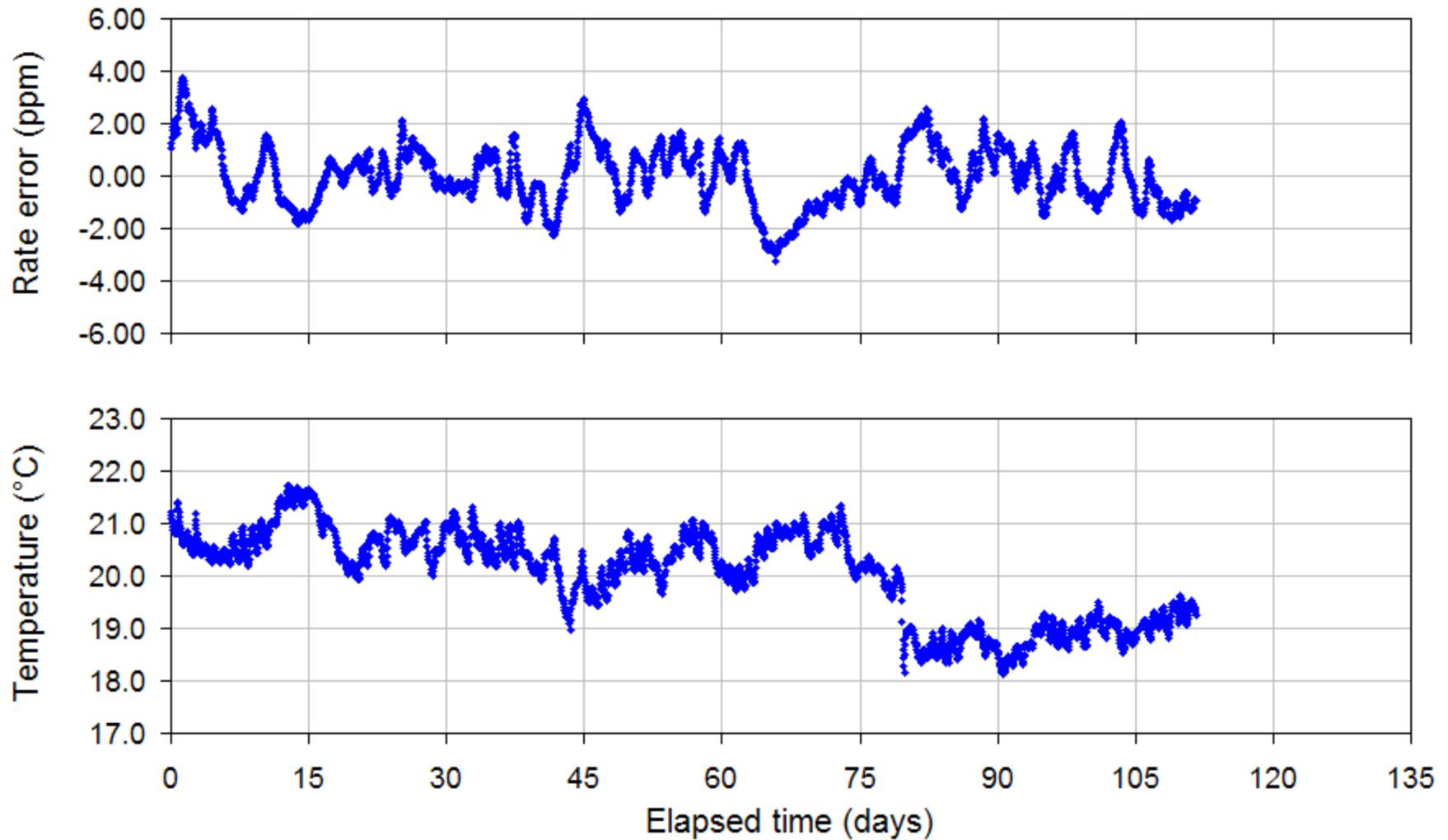
# Time drift and rate error (ppm)

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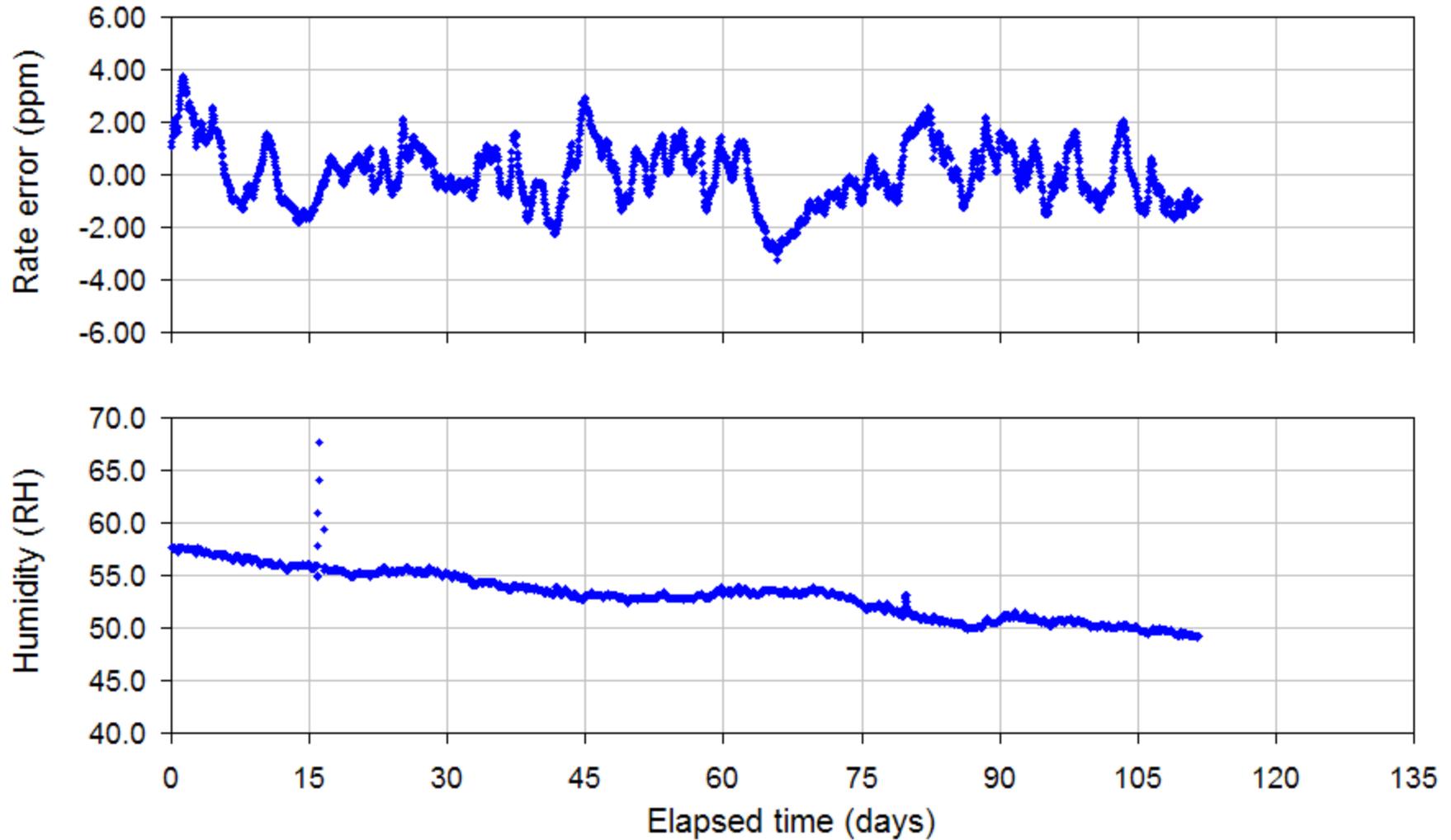
# 1) rate vs. temperature

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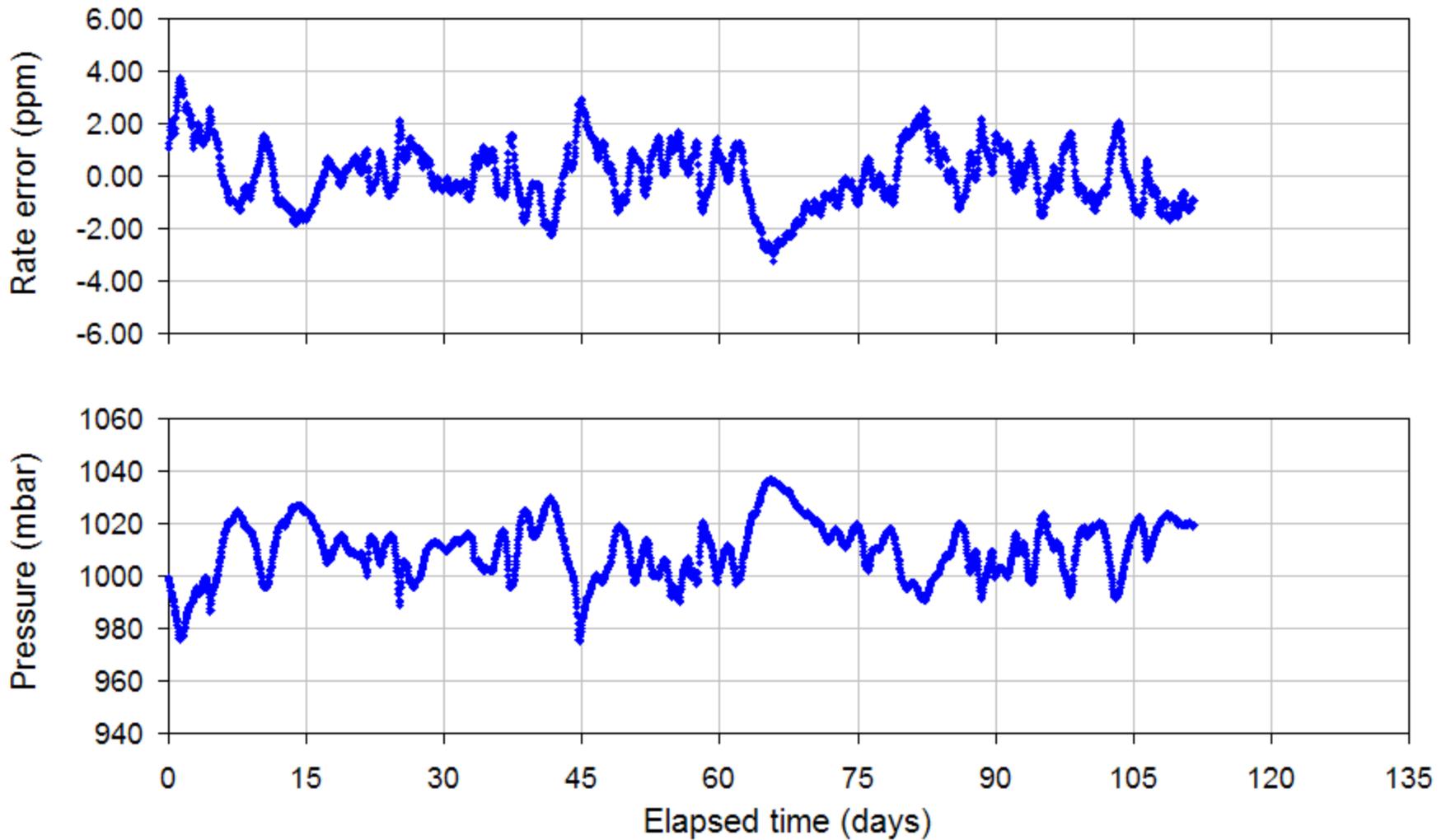
## 2) rate vs. humidity

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# 3) rate vs. barometric pressure !

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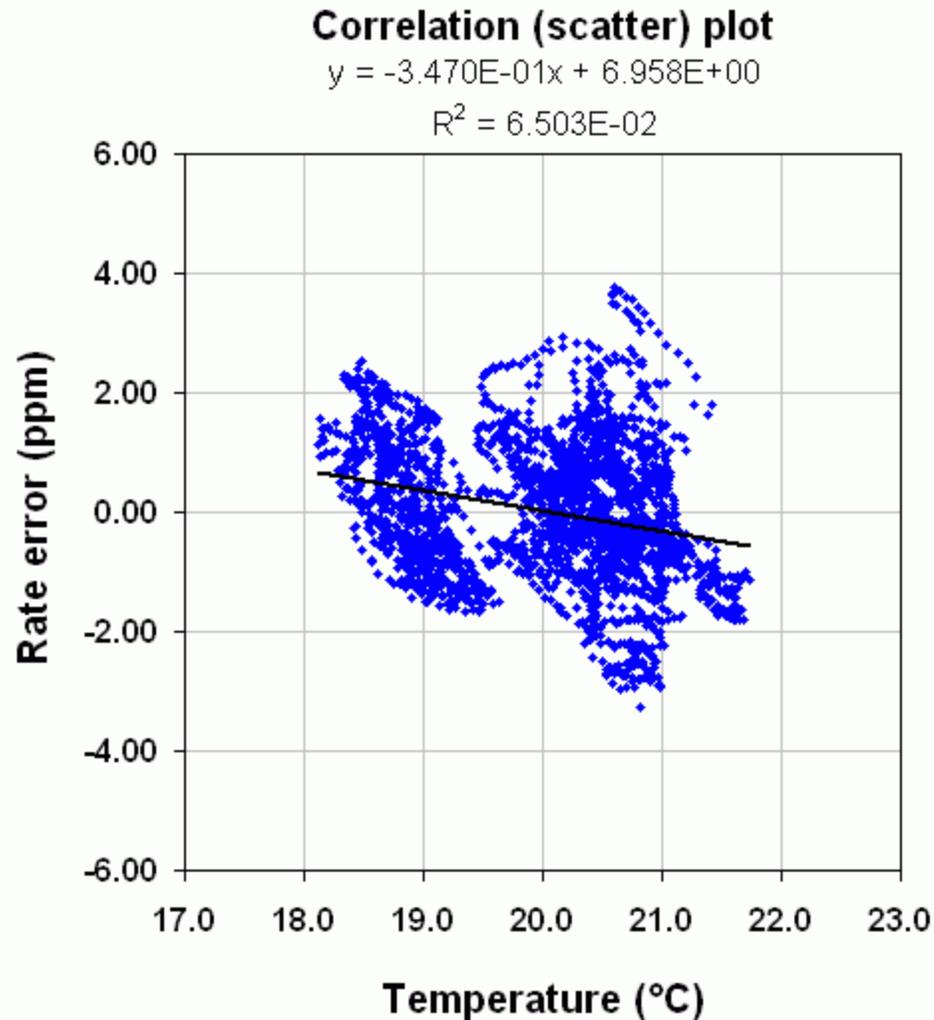
# 2013 summary

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- Amazing mystery clock
  - wanders outside 1 second a few weeks
  - but ends within 1 second in 100 days
  - rate stays within  $\pm 4$  ppm
- Pretty good compensation
  - very low temperature effect
  - no visible humidity effect
  - largest factor is barometric pressure

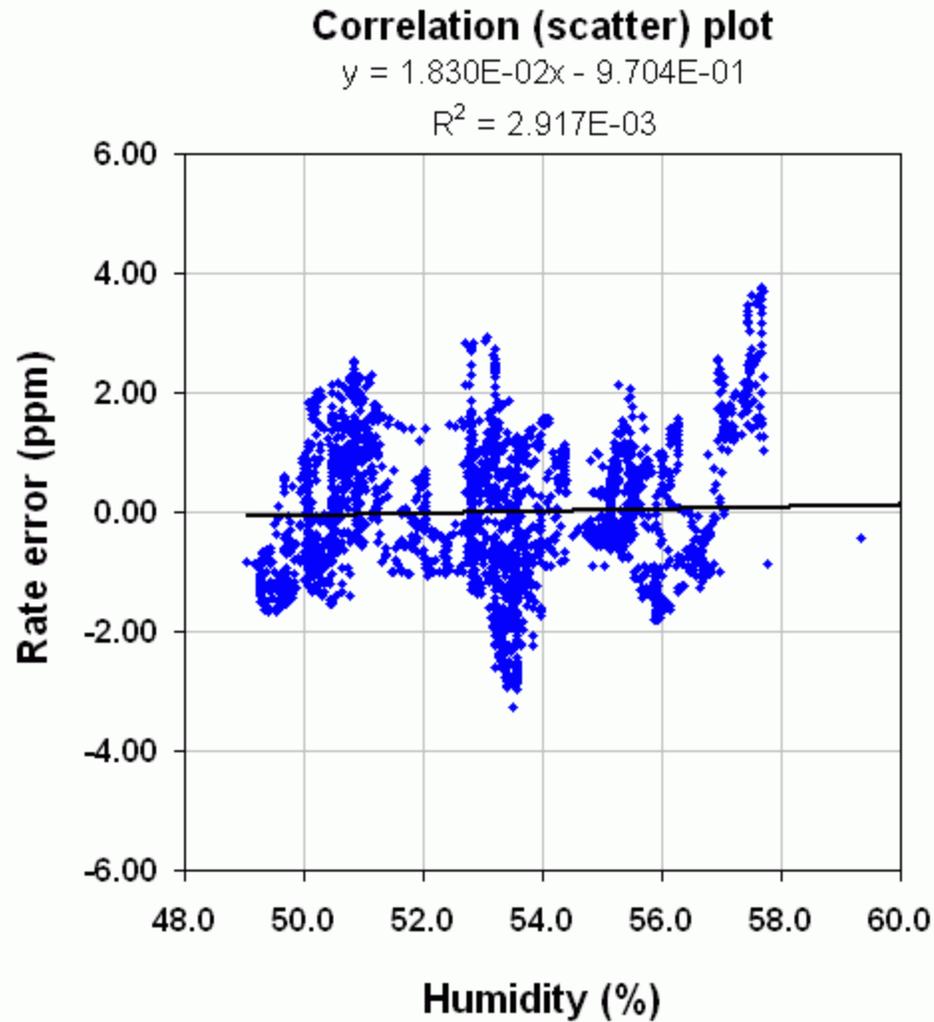
# Correlation 6% – temperature

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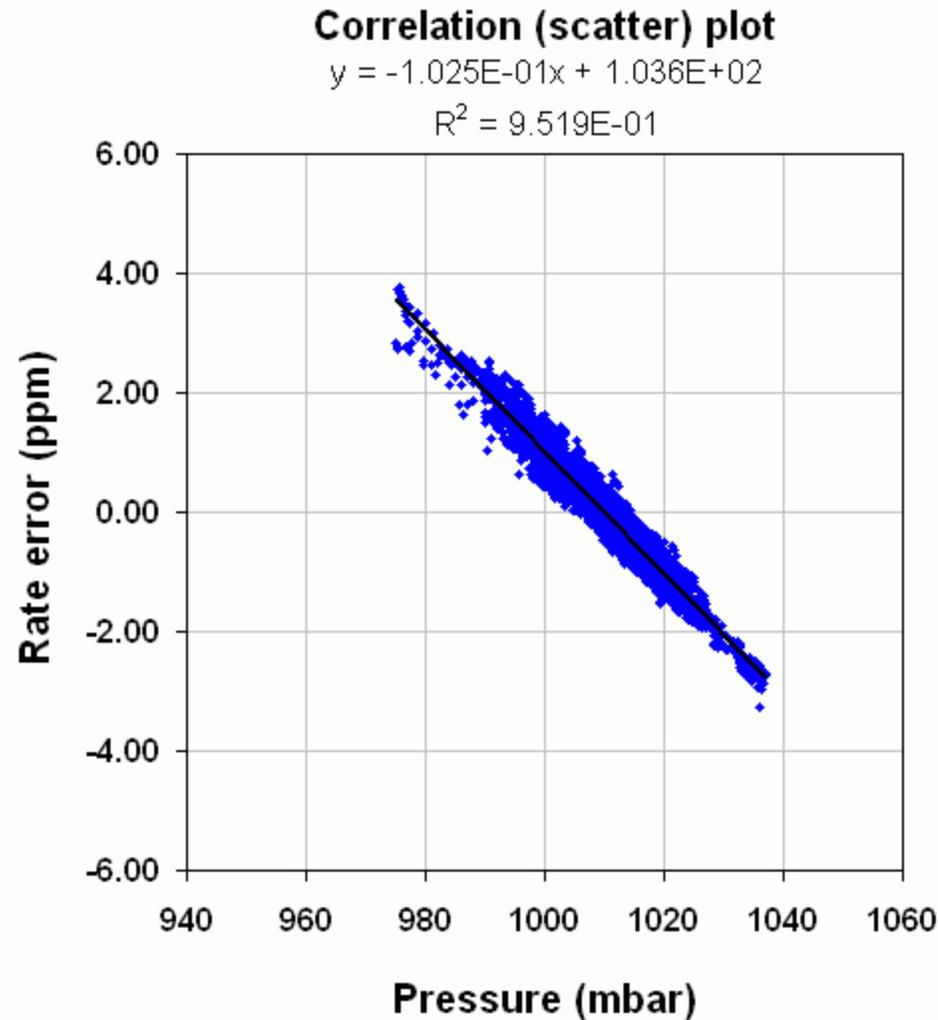
# Correlation 0% – humidity

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# Correlation 95% – pressure

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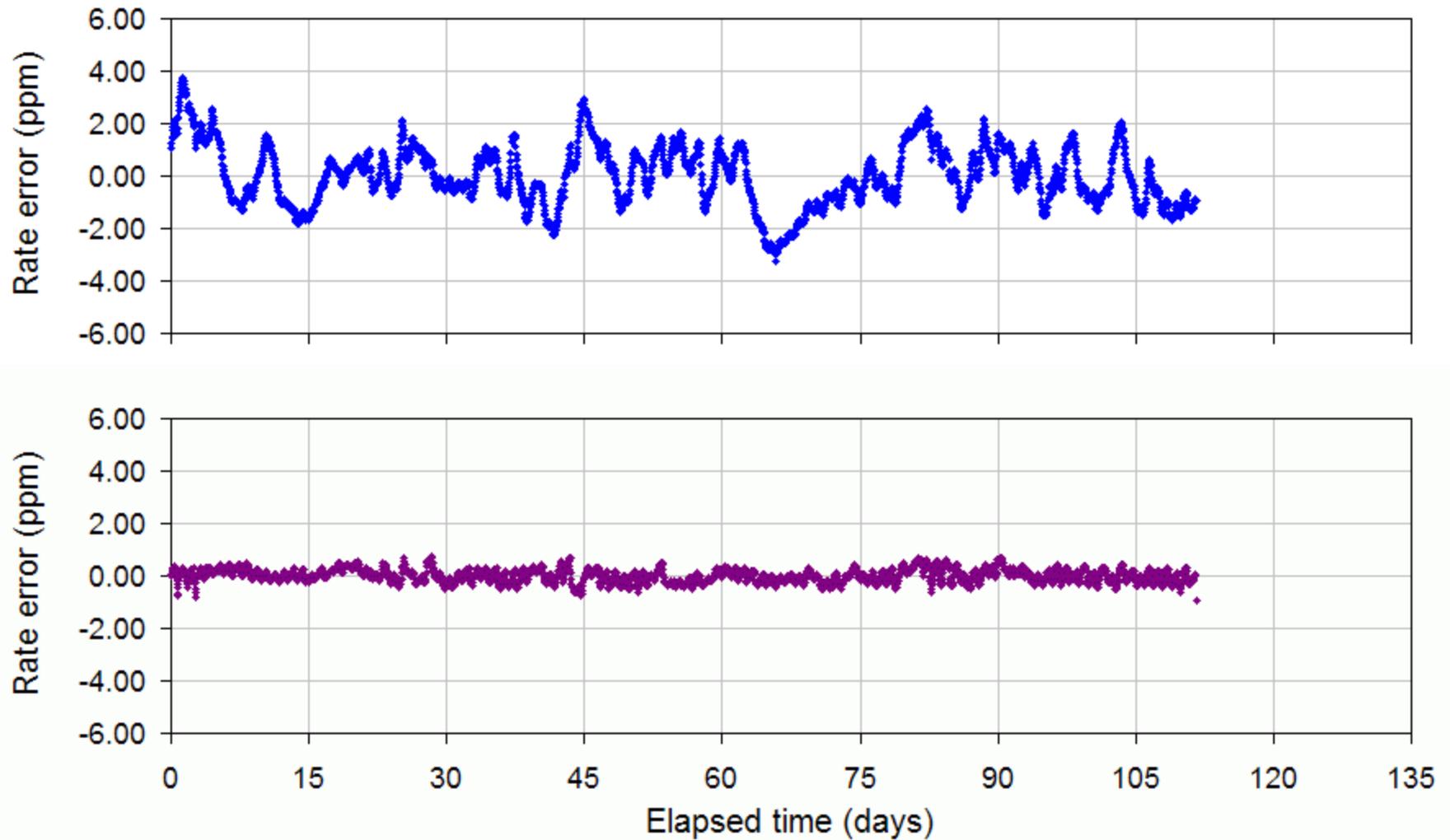
# Compensation simulation

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- Compute correlation coefficient and then:
  - convert raw time data to (real) rate data
  - compensate rate data in software
  - convert rate data back to (virtual) time data
- Result shows compensation *potential*
- Actual results will be higher
  - real compensation is never perfect

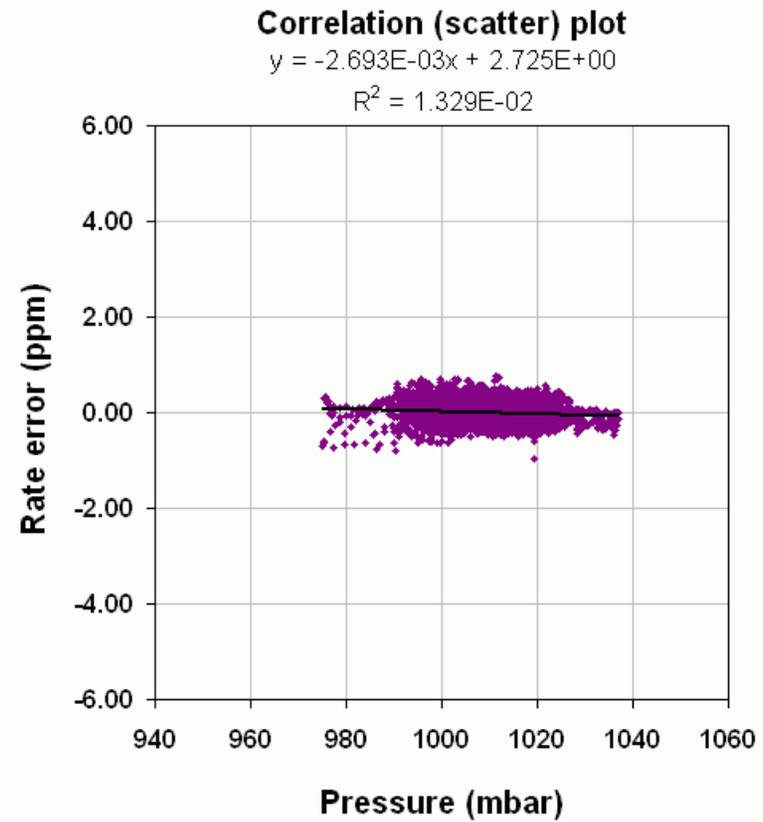
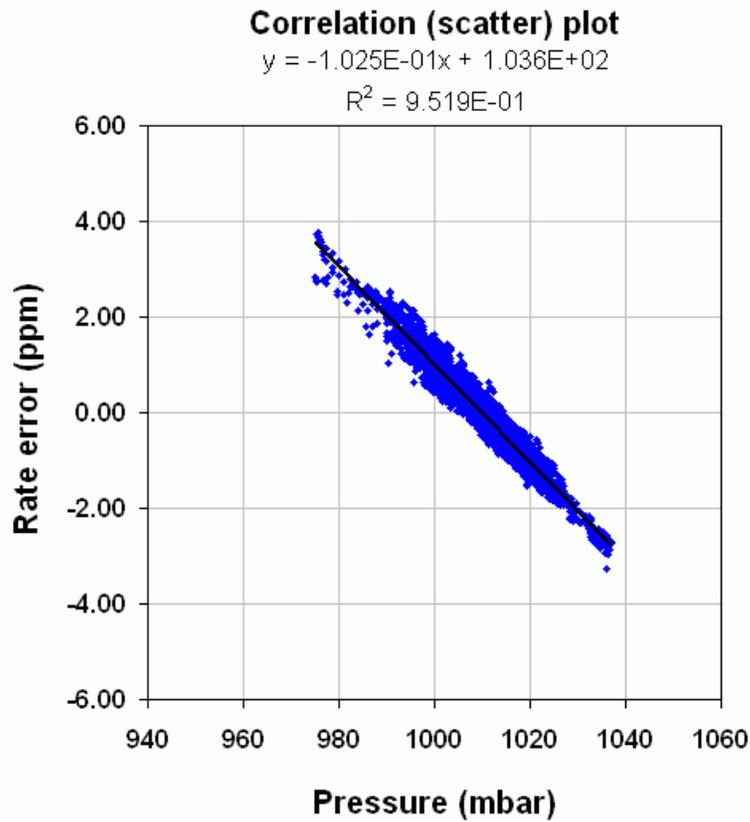
# Compensation prediction

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# Compensation prediction

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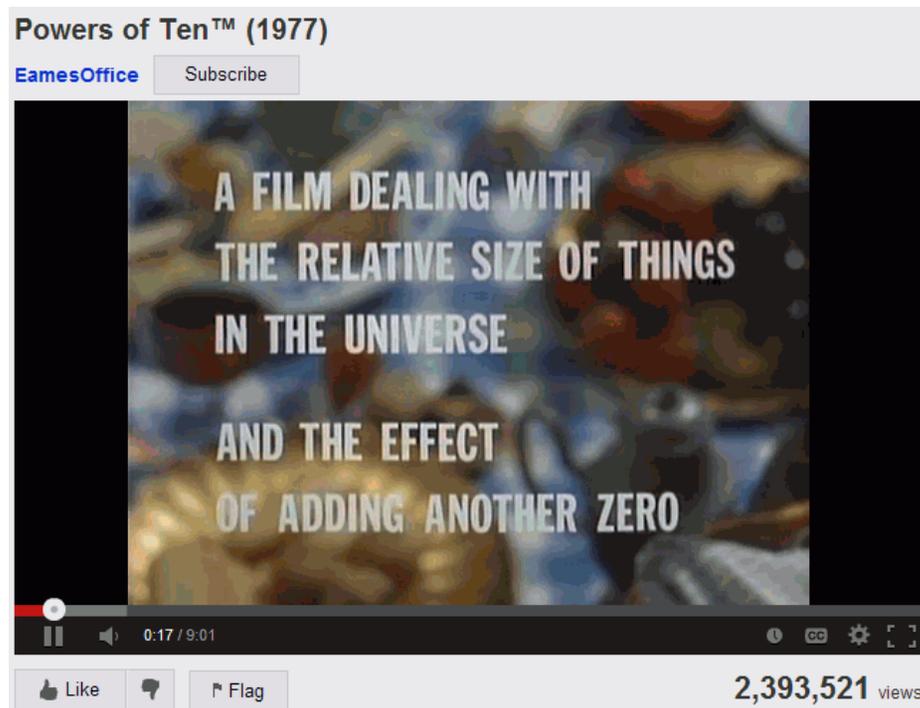
# 3: In search of the perfect clock

- What is *time*?
  - who knows
- What is *frequency*?
  - repetitive, periodic events
- What is a *clock*?
  - count those periodic events and display
  - anything with consistent period is a clock
  - the more regular, the better the clock

# “Powers of Ten” – inspiration

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- Mr Charles and Mrs Ray Eames (1977)
  - “the effect of adding another zero”

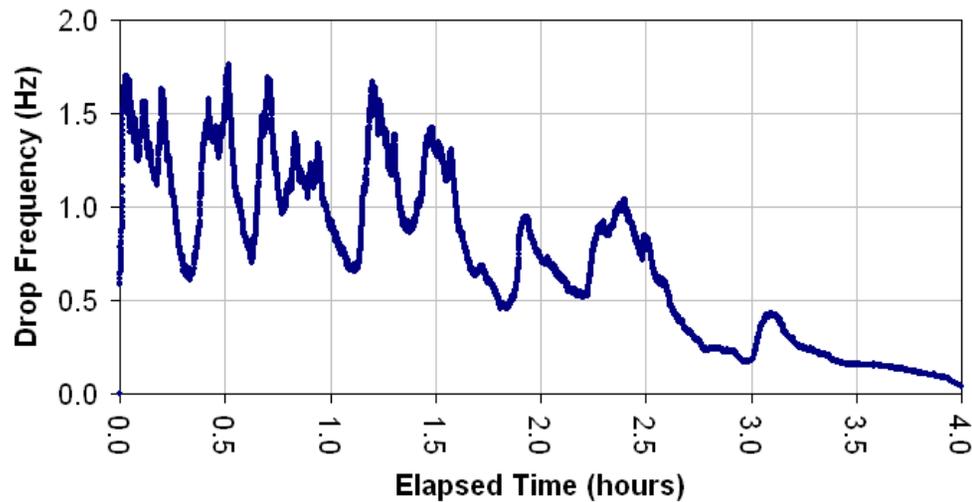


# $10^{-0}$ drip, drip

- Leak in ceiling
- 0.57 s ... 9.9 s
- 1.7 Hz ... 0.1 Hz

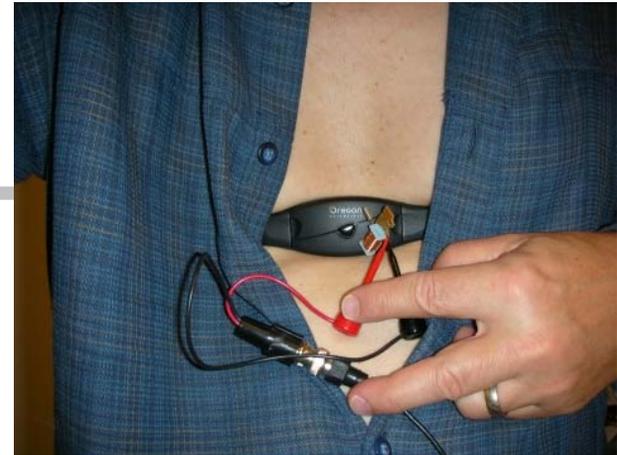


Kitchen Ceiling Water Drip  
8 PM 13-Nov-2006 PST (MJD 54052)



# $10^{-1}$ heart beat

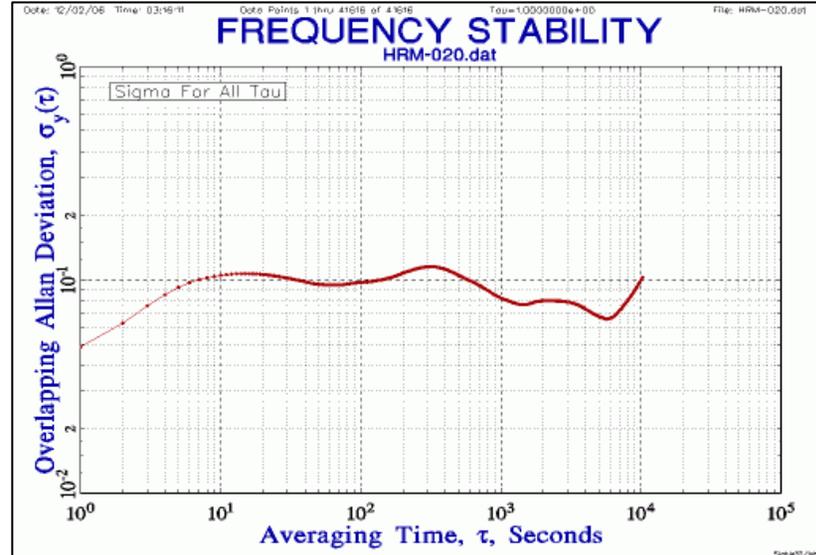
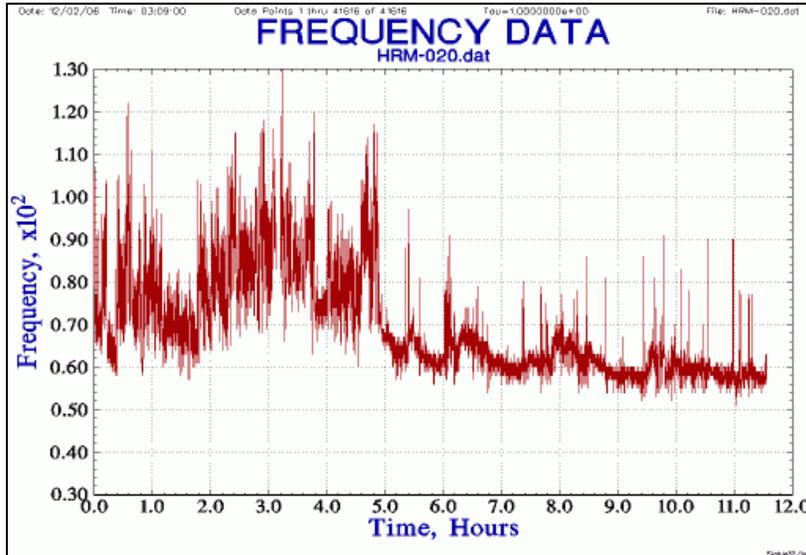
- $10^{-1}$ , 0.1, 10%
- The original '1 PPS'
- Sometimes 2x, even 3x
- Much higher stability at night
- < 10% accuracy possible



```
62.0  
61.0  
61.0  
62.0  
62.0  
62.0  
63.0  
64.0  
65.0  
65.0  
65.0  
65.0  
64.0  
63.0  
62.0  
60.0  
60.0  
59.0  
59.0  
60.0  
60.0  
61.0
```

# $10^{-1}$ heart beat

- 12 h frequency plot (evening/night)
- ADEV floor is  $10^{-1}$  from  $10^1$  to  $10^4$  s!



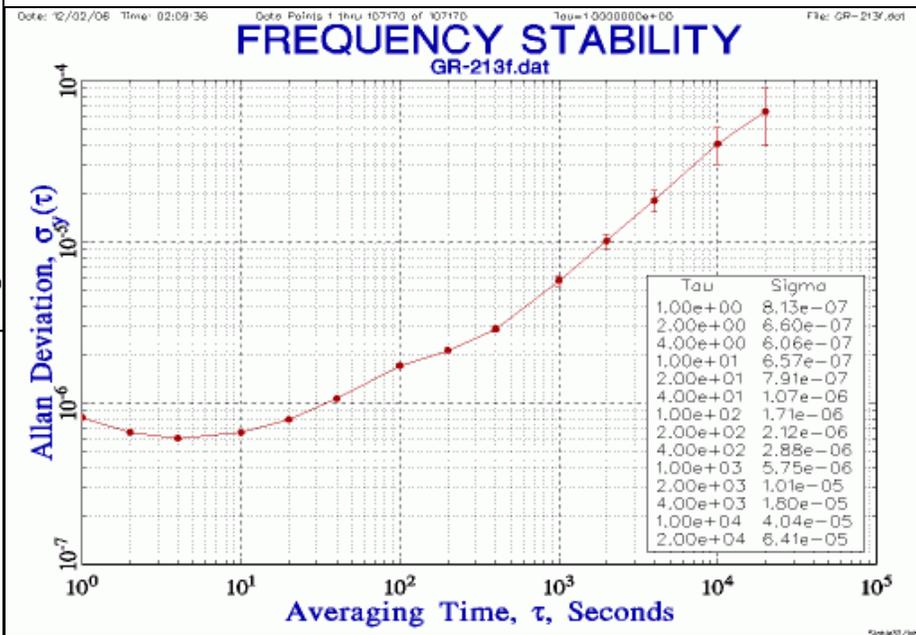
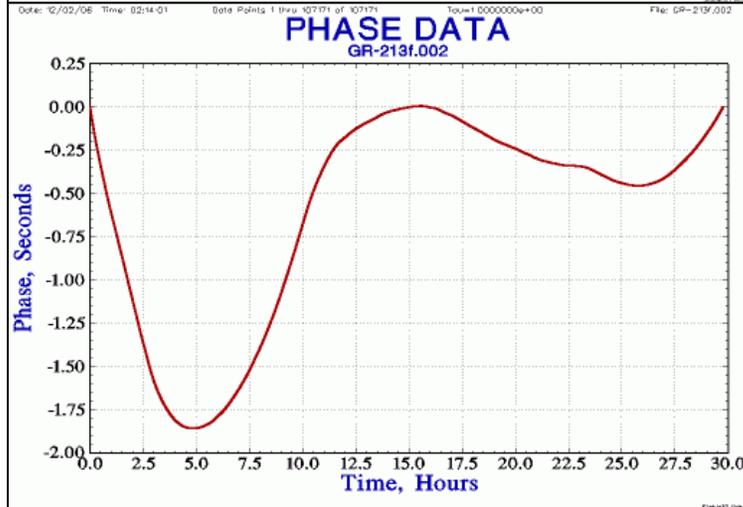
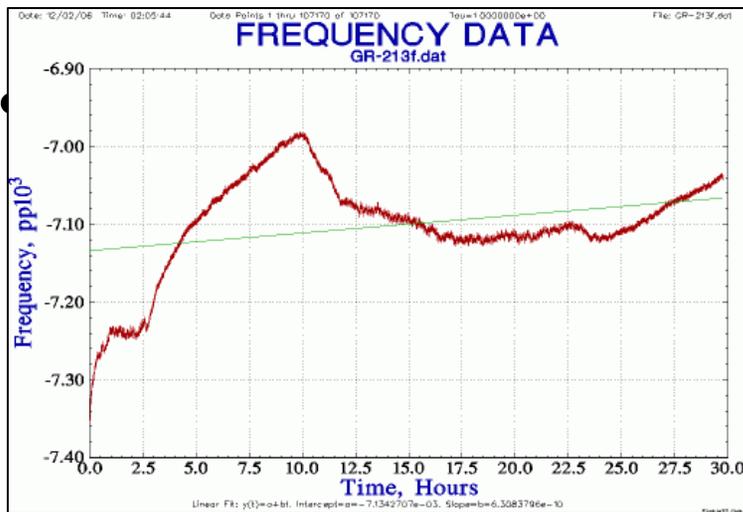
# $10^{-2}$ tuning fork oscillator

- 0.01, 1%
- General Radio Type 213 Audio Oscillator
- 1 'kc';  $f = \sim 992.8$  Hz
- $\pm 1.3$  mHz (60 x 1 s)
- Accuracy  $< 1\%$
- Count those 9's
- ADEV is  $10^{-6} \dots 10^{-4}$



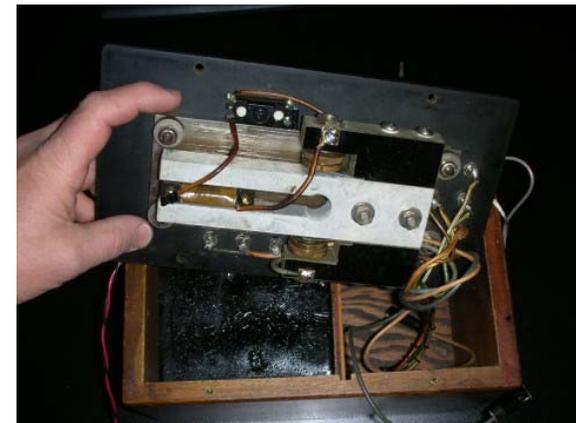
```
992.897,588,71 HZ
992.896,598,37 HZ
992.896,556,22 HZ
992.896,560,05 HZ
992.897,374,78 HZ
N : 60
STD DEV: 0.001,387,672 HZ
MEAN : 992.898,857,676 HZ
MAX : 992.901,768,32 HZ
MIN : 992.896,168,74 HZ
992.898,234,03 HZ
992.898,247,28 HZ
992.897,293,73 HZ
992.897,564,75 HZ
```

# 10<sup>-2</sup> tuning fork oscillator



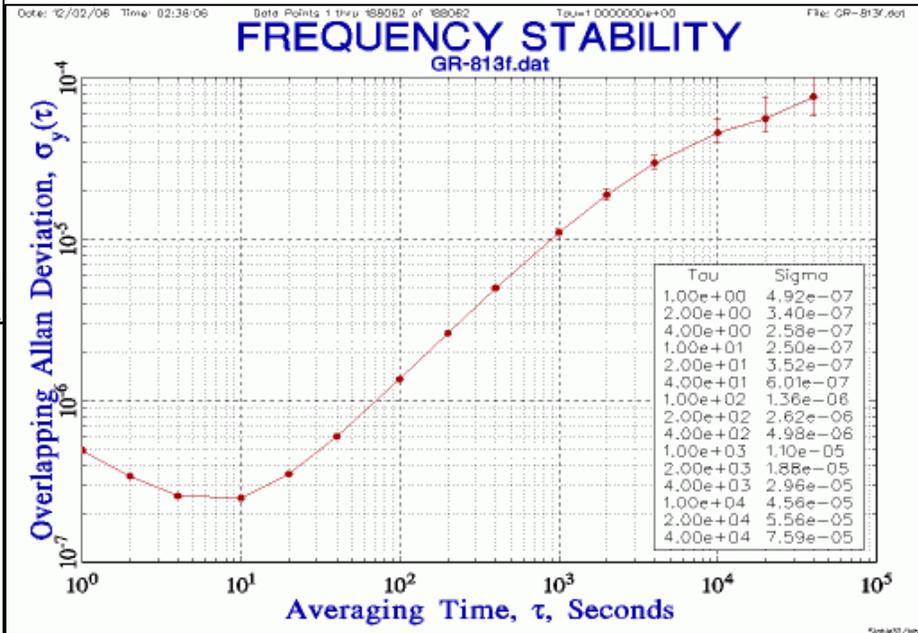
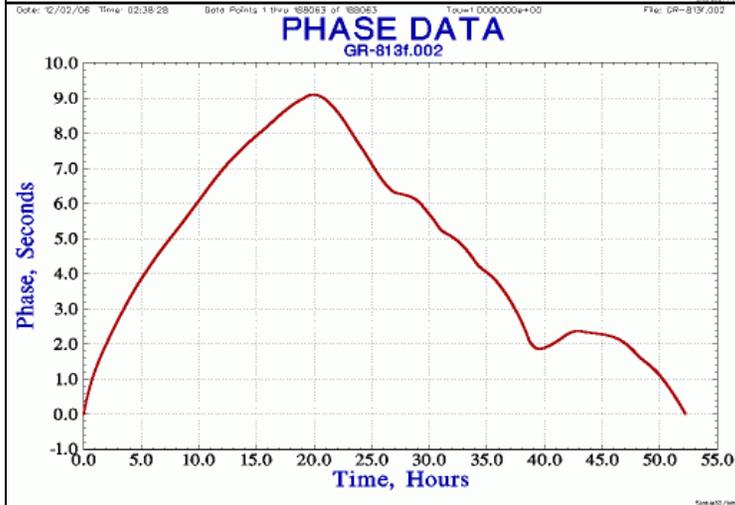
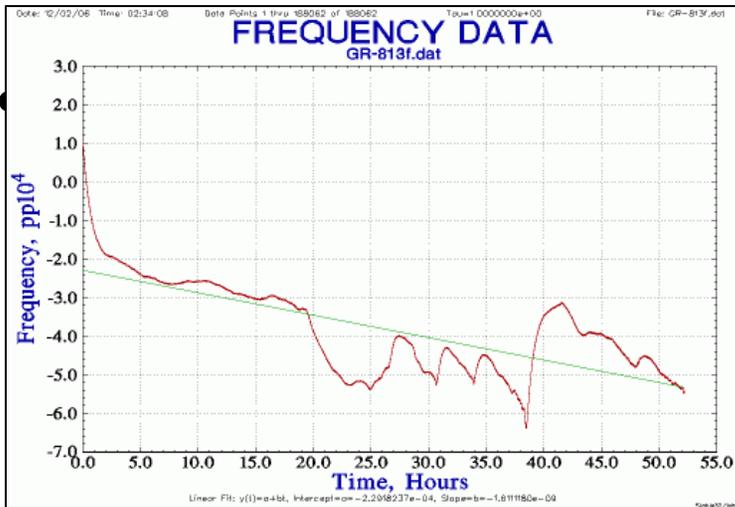
# $10^{-3}$ precision tuning fork

- 0.001, 0.1%, 1 ms/s
- General Radio Type 813 single vacuum tube
- 1 'kc' tuning fork
- $f = \sim 999.4$  Hz
- $\pm 400$   $\mu$ Hz (60 x 1 s)
- Accuracy < 0.1%
- ADEV is  $10^{-7} \dots 10^{-4}$



```
999.463,938,97 HZ
999.463,932,59 HZ
999.464,159,16 HZ
999.465,063,84 HZ
999.463,826,22 HZ
999.464,577,00 HZ
N : 60
STD DEV: 478.778 uHz
MEAN : 999.464,134,273 HZ
MAX : 999.465,477,73 HZ
MIN : 999.463,290,13 HZ
999.464,657,58 HZ
999.464,554,46 HZ
999.464,006,05 HZ
```

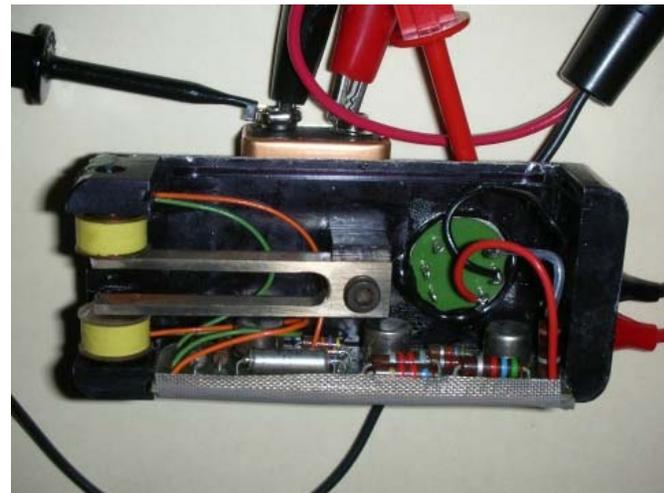
# $10^{-3}$ precision tuning fork



# $10^{-4}$ mechanical oscillator

- 0.01%, 100 ppm
- Mechanical oscillator transistorized
- “Four 9’s”

```
999.907,211,67 Hz
999.907,250,33 Hz
999.907,273,16 Hz
999.907,311,01 Hz
999.907,250,27 Hz
999.907,345,09 Hz
N : 60
STD DEV: 151.812 uHz
MEAN : 999.907,159,334 Hz
MAX : 999.907,404,05 Hz
MIN : 999.906,840,54 Hz
999.907,392,20 Hz
999.907,415,25 Hz
999.907,354,85 Hz
```



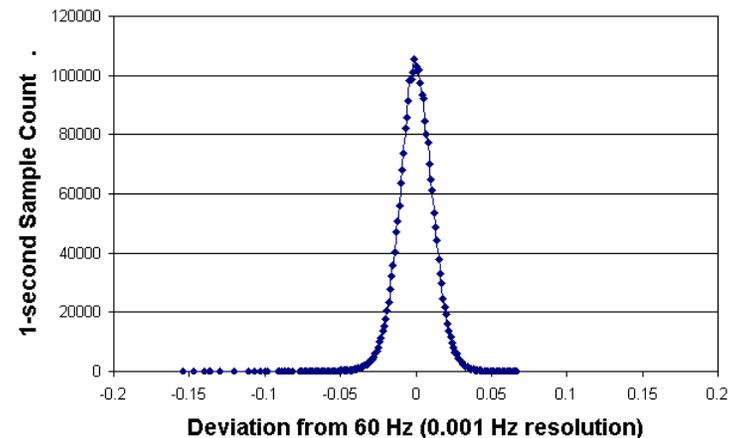
# $10^{-5}$ mains (line frequency)

- 0.001%, 10 ppm
- $60 \pm$  Hz

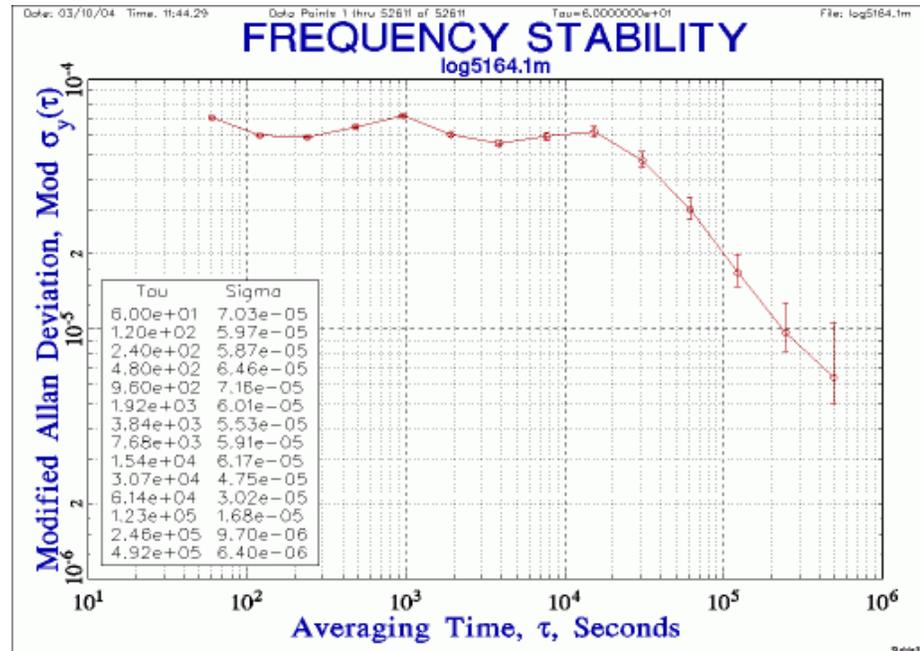
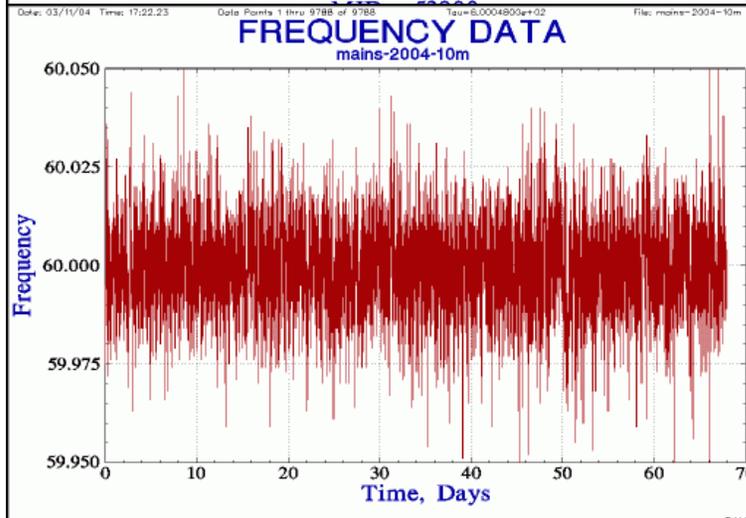
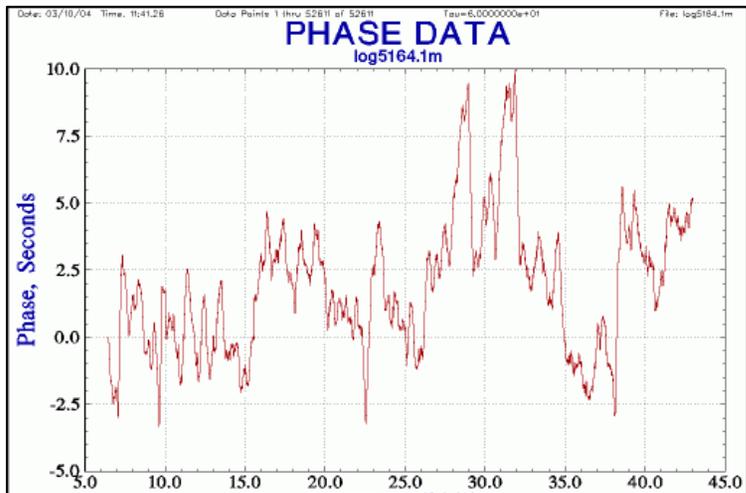
```
60.003,640,720,5 Hz
60.009,491,393,8 Hz
60.000,431,181,6 Hz
59.992,198,219,9 Hz
59.987,371,509,5 Hz
59.993,148,200,6 Hz
59.999,032,462,5 Hz
59.985,892,634,1 Hz
59.995,727,396,2 Hz
N      : 36
STD DEU: 0.006,765,596,40 Hz
MEAN   : 59.999,554,563,23 Hz
MAX    : 60.010,390,980,5 Hz
MIN    : 59.985,892,634,1 Hz
59.996,011,518,6 Hz
59.999,526,129,7 Hz
```



60 Hz Mains Frequency Deviation Histogram  
2.7 million one second samples (~1 month)

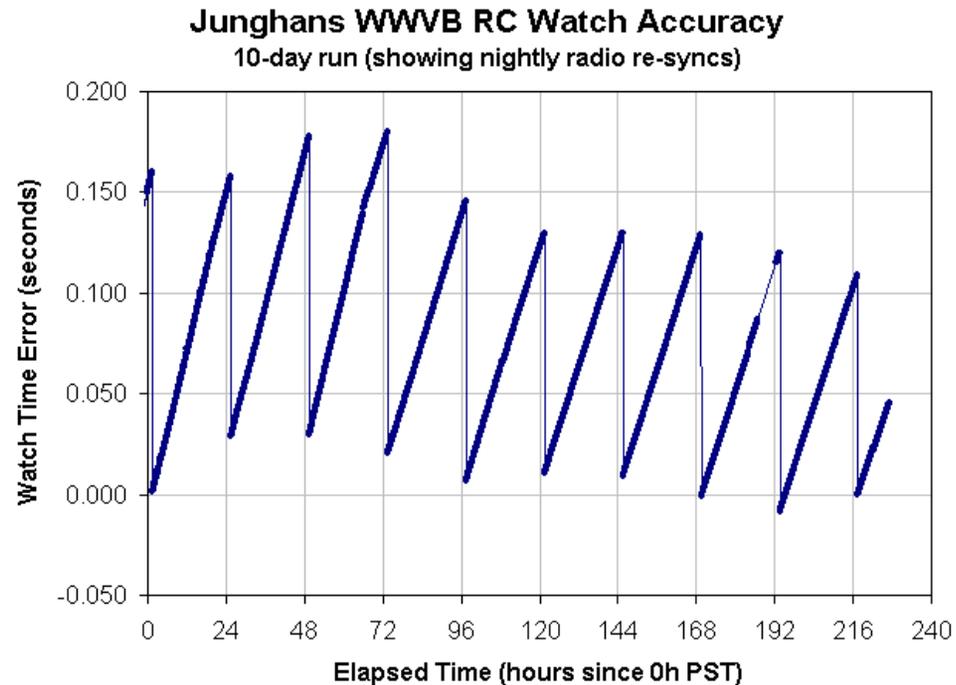


# 10<sup>-5</sup> mains (line frequency)



# $10^{-6}$ quartz watch (RC)

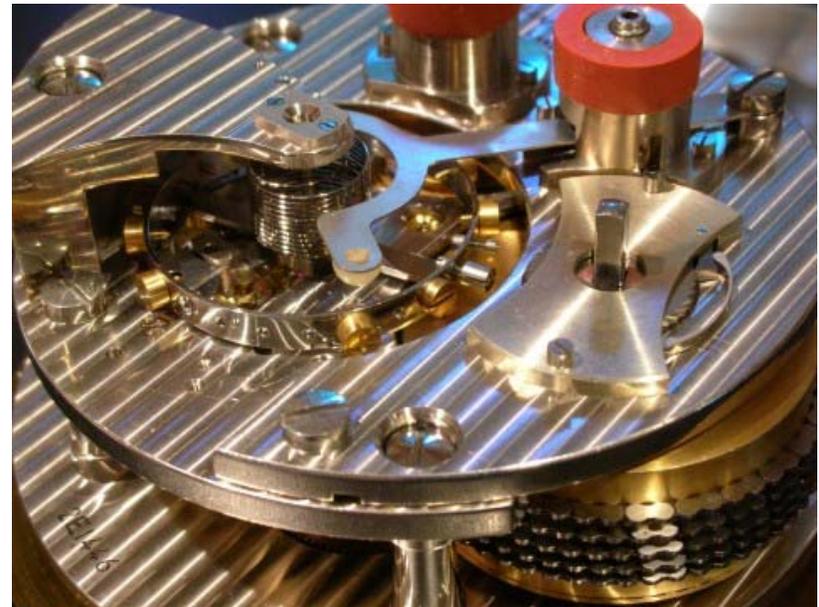
- 0.0001%, 1 ppm, 1  $\mu\text{s/s}$
- +160 ms/d = +1.85 ppm



# $10^{-7}$ chronometer

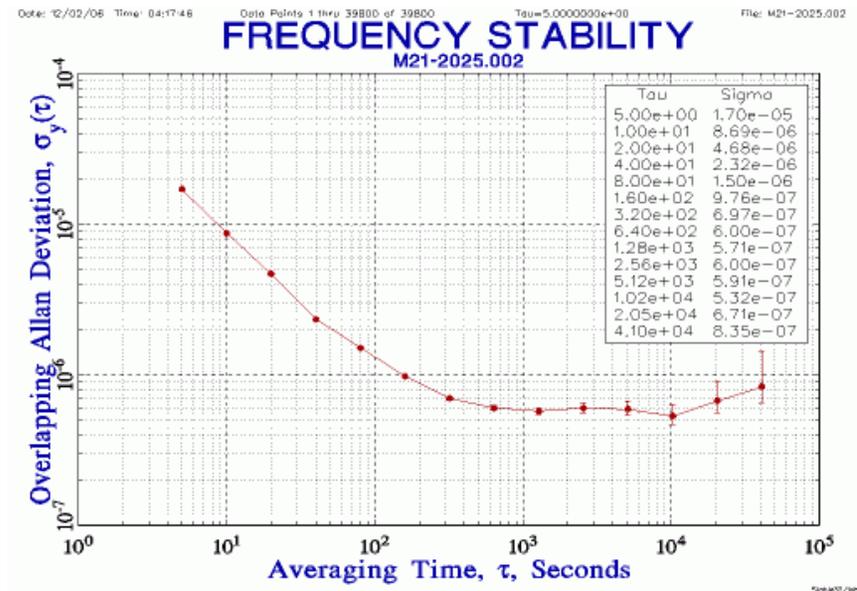
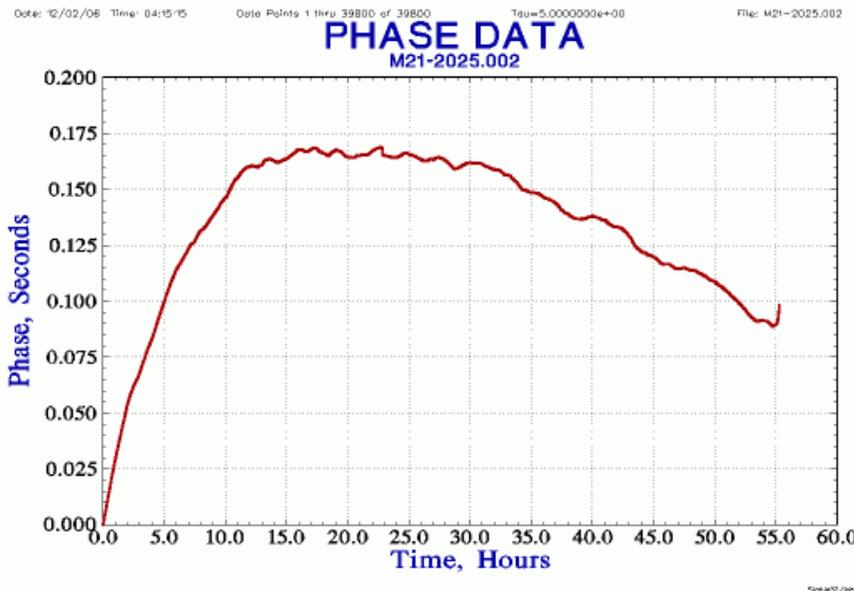
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- 0.1 ppm
- Rated  $\frac{1}{4}$  sec/day deviation



# $10^{-7}$ chronometer

- ~55 hour runtime
- 200 ms phase residuals
- ADEV  $6 \times 10^{-7}$



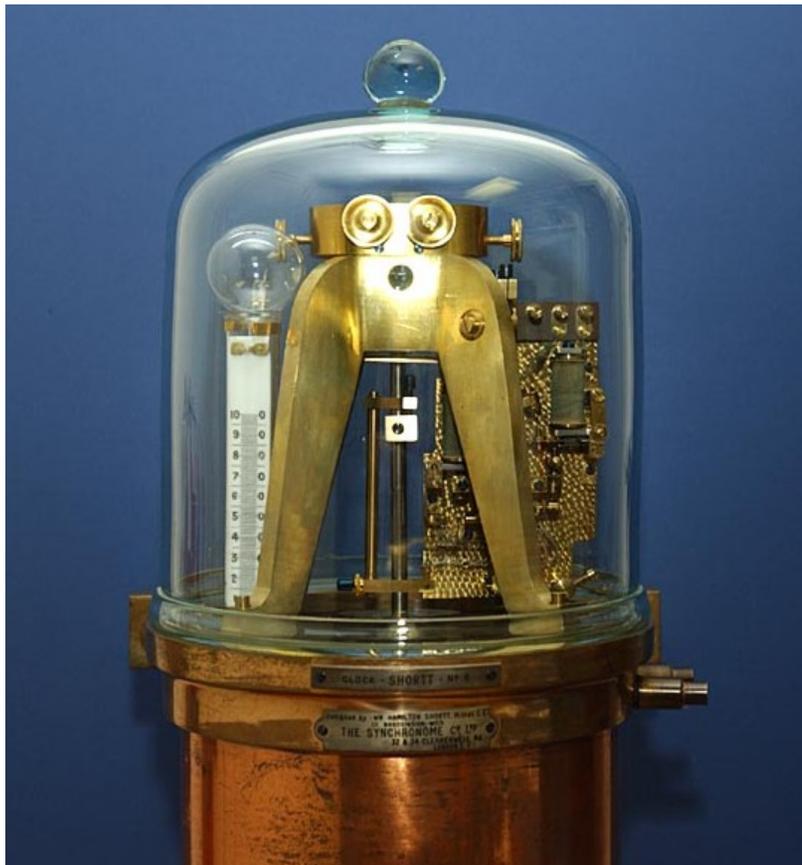
# $10^{-8}$ pendulum clock

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- 0.01 ppm, 10 ppb  
10 ns/s, 864  $\mu$ s/d
- Shortt,  
Fedchenko,  
Riefler,  
'Littlemore'



# Shortt-Synchronome



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# Fedchenko AChF-3

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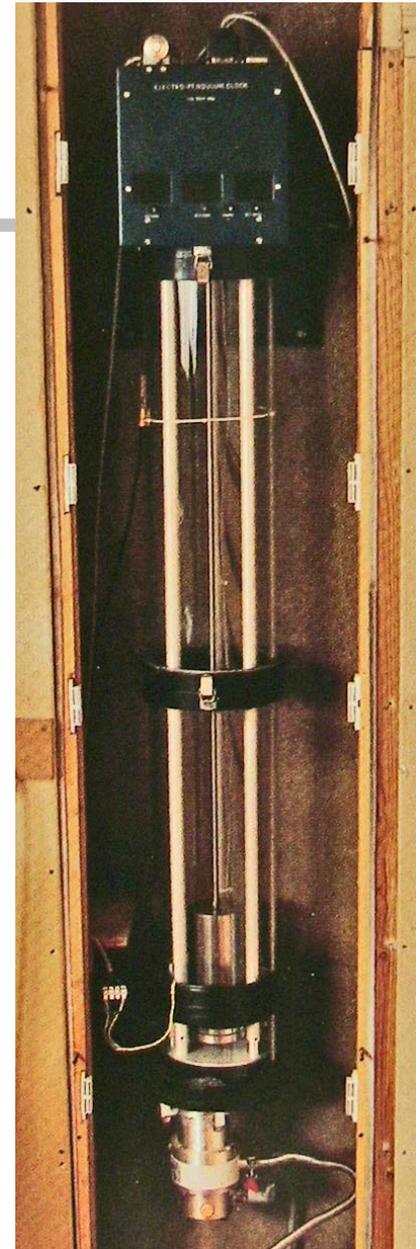
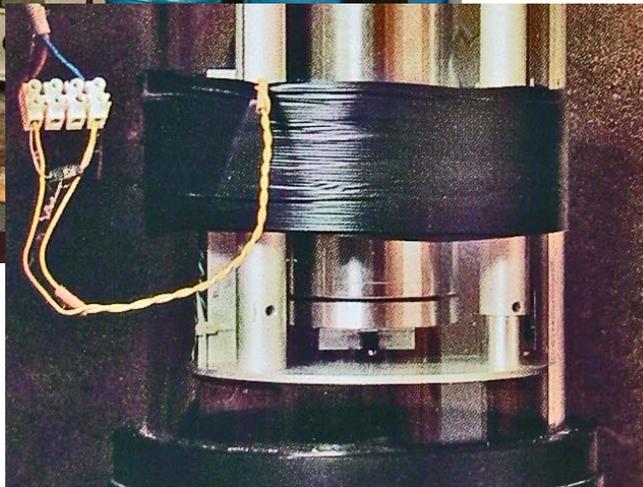


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# Littlemore clock

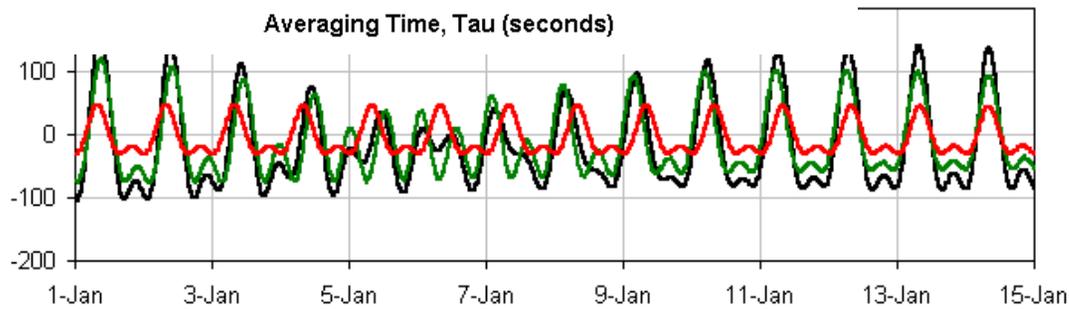
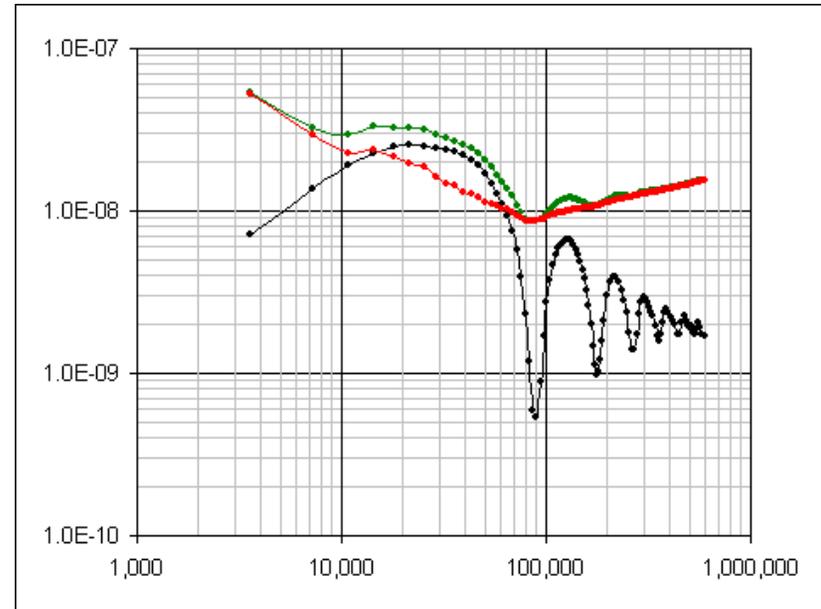
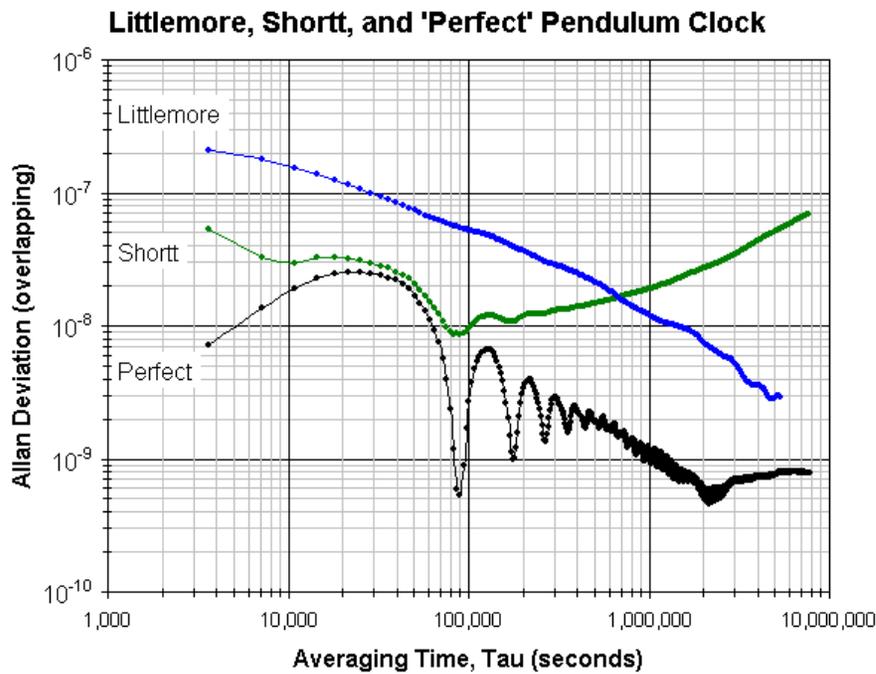


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# $10^{-8}$ pendulum clock



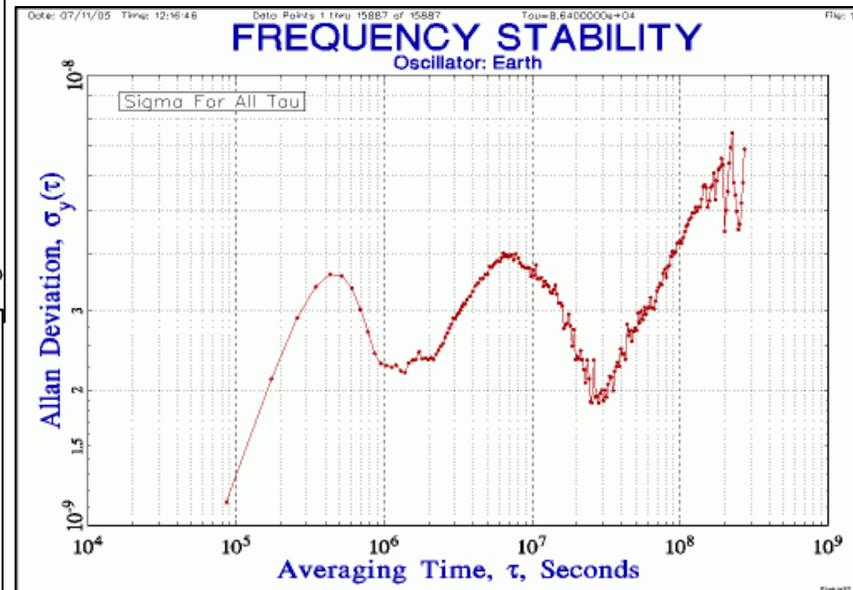
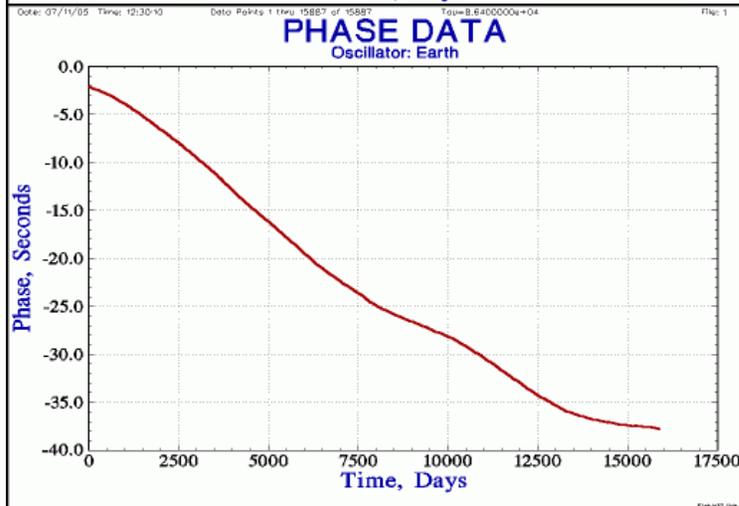
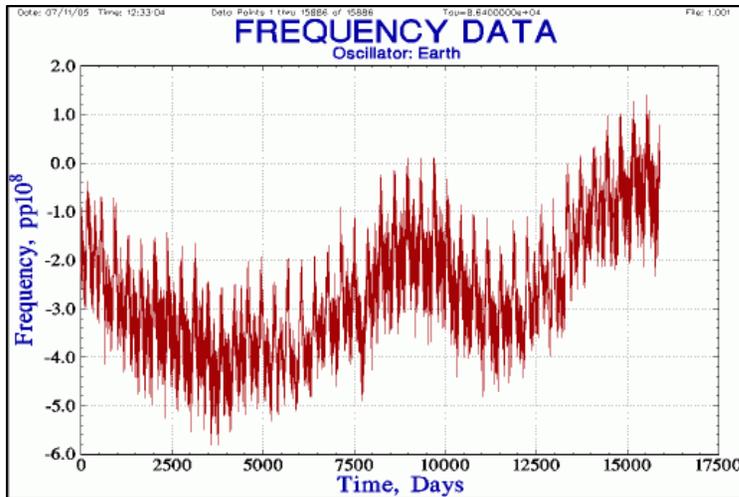
# $10^{-9}$ earth

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- 0.001 ppm
- Slow by  $\sim 2$  ms per day
- Also somewhat irregular
- ADEV  $10^{-8} \sim 10^{-9}$
- Limited by core, weather, climate
- Lunar/solar tides, periodic variations
- Tidal friction, long-term drift

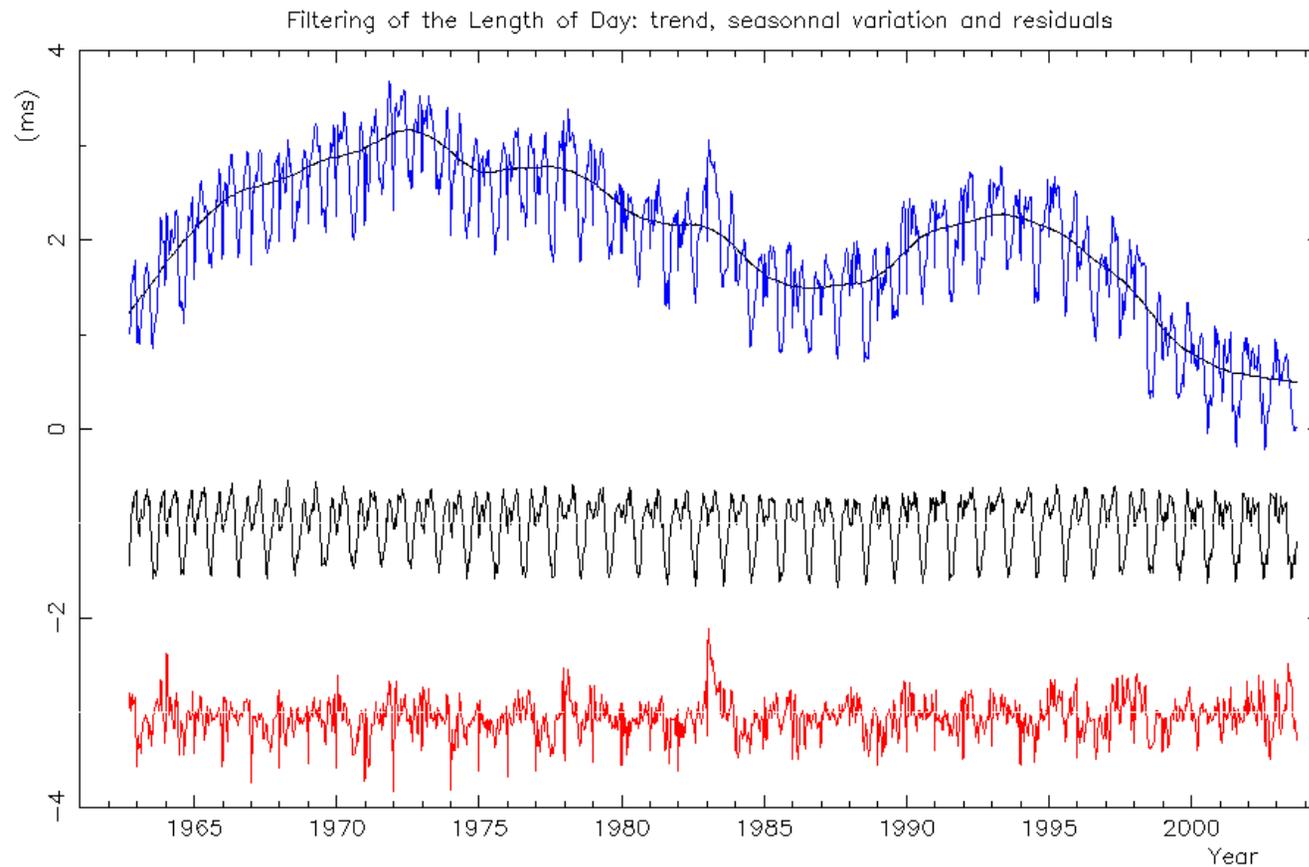


# $10^{-9}$ earth (40y of data)



# $10^{-9}$ earth clock

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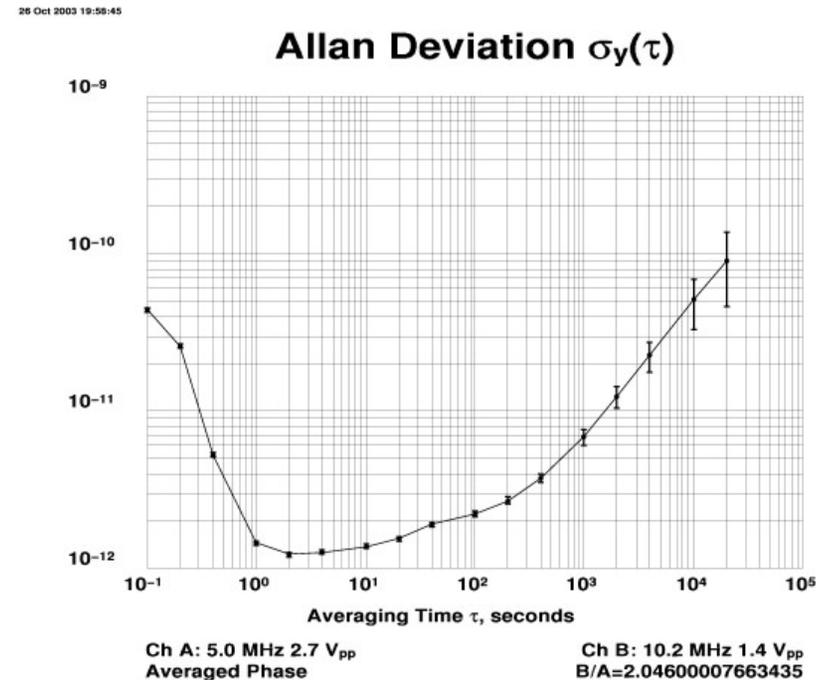


# $10^{-9}$ earth frequency standard

- Suggested improvements:
  - Thoroughly clean, and dry with cloth
  - Remove surrounding gas and water vapor
  - Wait for core to cool before use
  - Re-align axis of rotation (wobbling)
  - Keep away from nearby moon (tides)
  - Keep away from sun (tempco)
  - Re-adjust rate (avoid leap seconds)

# $10^{-10}$ OCXO

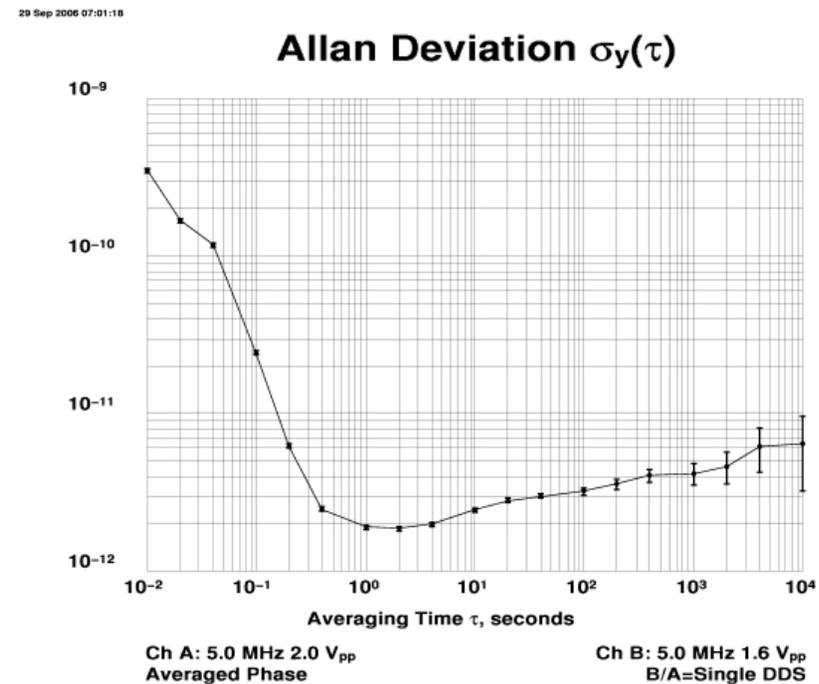
- 0.1 ppb, 100 ps/s, 8.64  $\mu$ s/d
- $10^{-10}$ ... $10^{-13}$  short
- $5 \times 10^{-10}$ /d drift



C:\rvb\Tscpl\ot\Log41.65.gif

# $10^{-11}$ good ocxo

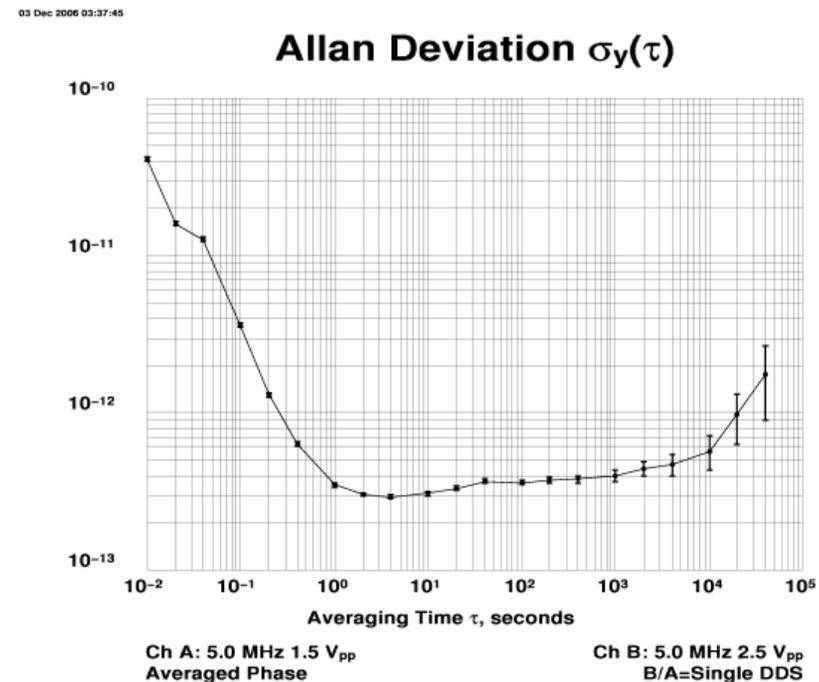
- 0.01 ppb, 10 ps/s, 864 ns/d ( $\sim 1 \mu\text{s/d}$ )
- $10^{-11} \dots 10^{-13}$  short
- $\sim 10^{-11}/\text{d}$  drift



C:\rwb\Tscpl\ot\Log29240.g1f

# $10^{-12}$ excellent ocxo

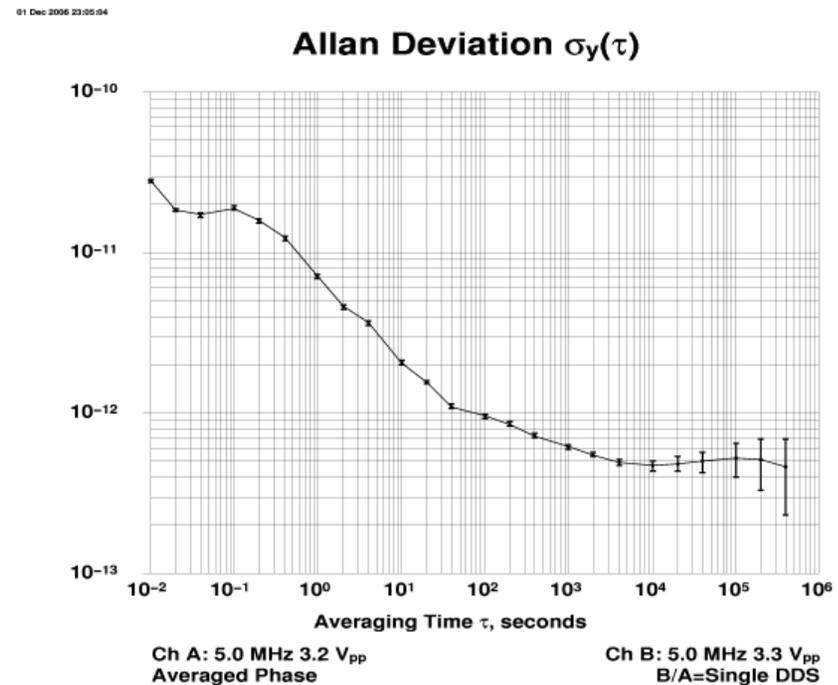
- 1 ppt, 1 ps/s, 86.4 ns/d ( $\sim 100$  ns/d)
- $\sim 10^{-13}$  short/mid
- $\sim 3 \times 10^{-12}$ /d drift



C:\rvb\Tscpt\ot\Log29858.g1f

# $10^{-13}$ rubidium

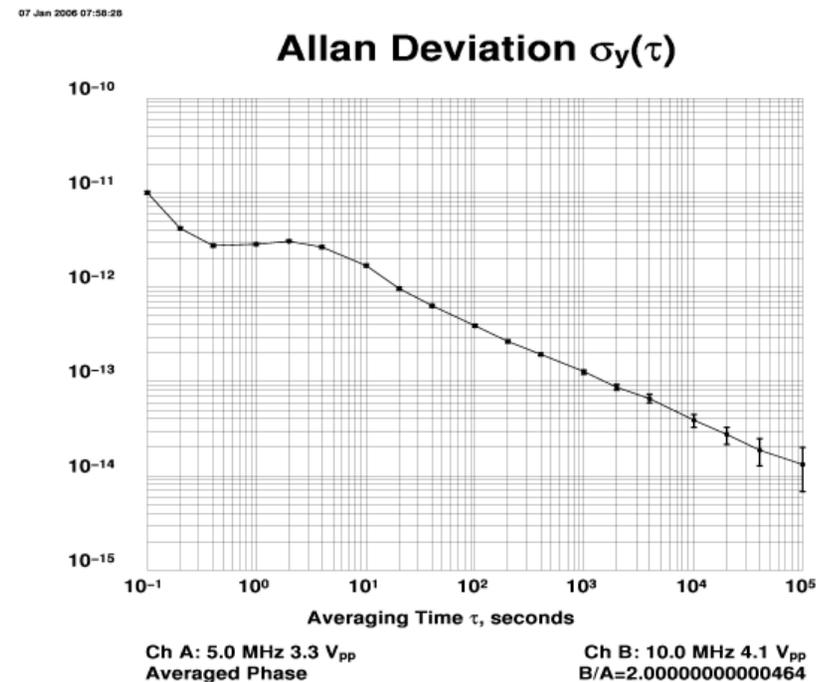
- 8.64 ns/d ( $\sim 10$  ns/d)
- $\sim 10^{-13}$  mid-term
- $\sim 1 \times 10^{-11}/\text{m}$  drift



C:\rvb\Tscript\ot\Log1578.gif

# $10^{-14}$ cesium

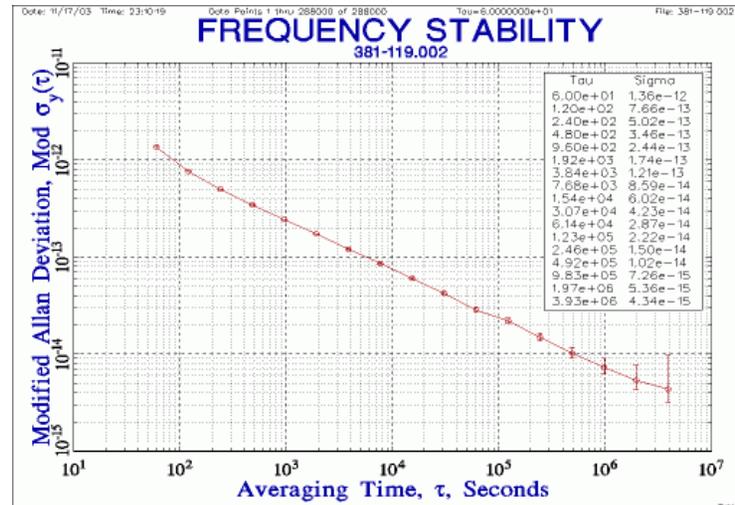
- 864 ps/d ( $\sim 1$  ns/d)
- $\sim 10^{-13}$  mid-term
- $\sim 1 \times 10^{-14}$  @ 1 day



C:\rwb\Tscpl\ot\Log23362.g1f

# $10^{-15}$ hp 5071A cesium

- High-performance model
- Pair  $\sim 2 \times 10^{-14}$  at a day
- Flicker floor  $\sim 5 \times 10^{-15}$  in weeks



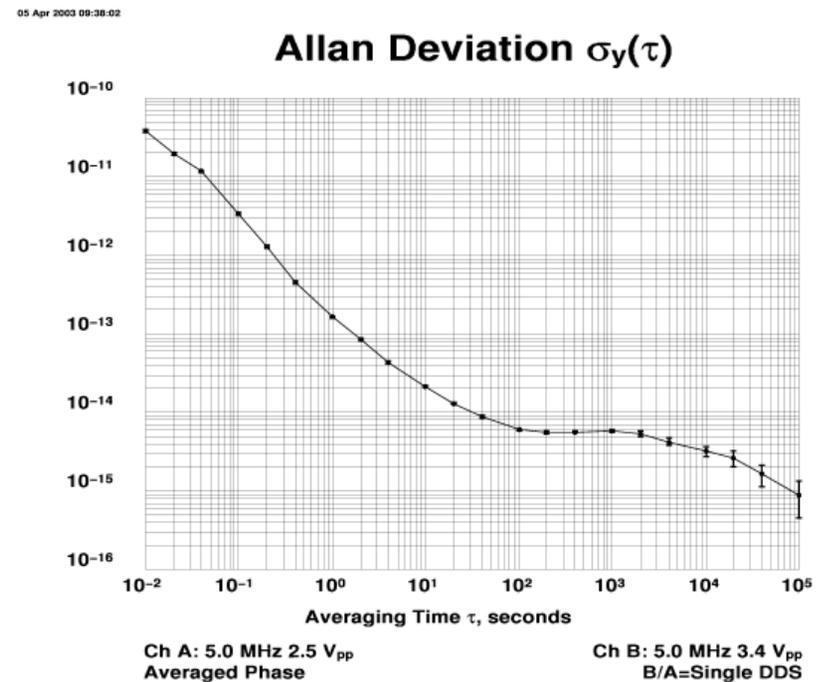
# $10^{-16}$ active h-maser

- 8.64 ps/d
- Under  $1 \times 10^{-15}$  @1d
- Most stable



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# Summary – powers of ten

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- 17 orders of magnitude
- Earth and pendulum clocks in the middle
- Even atomic clocks are not perfect

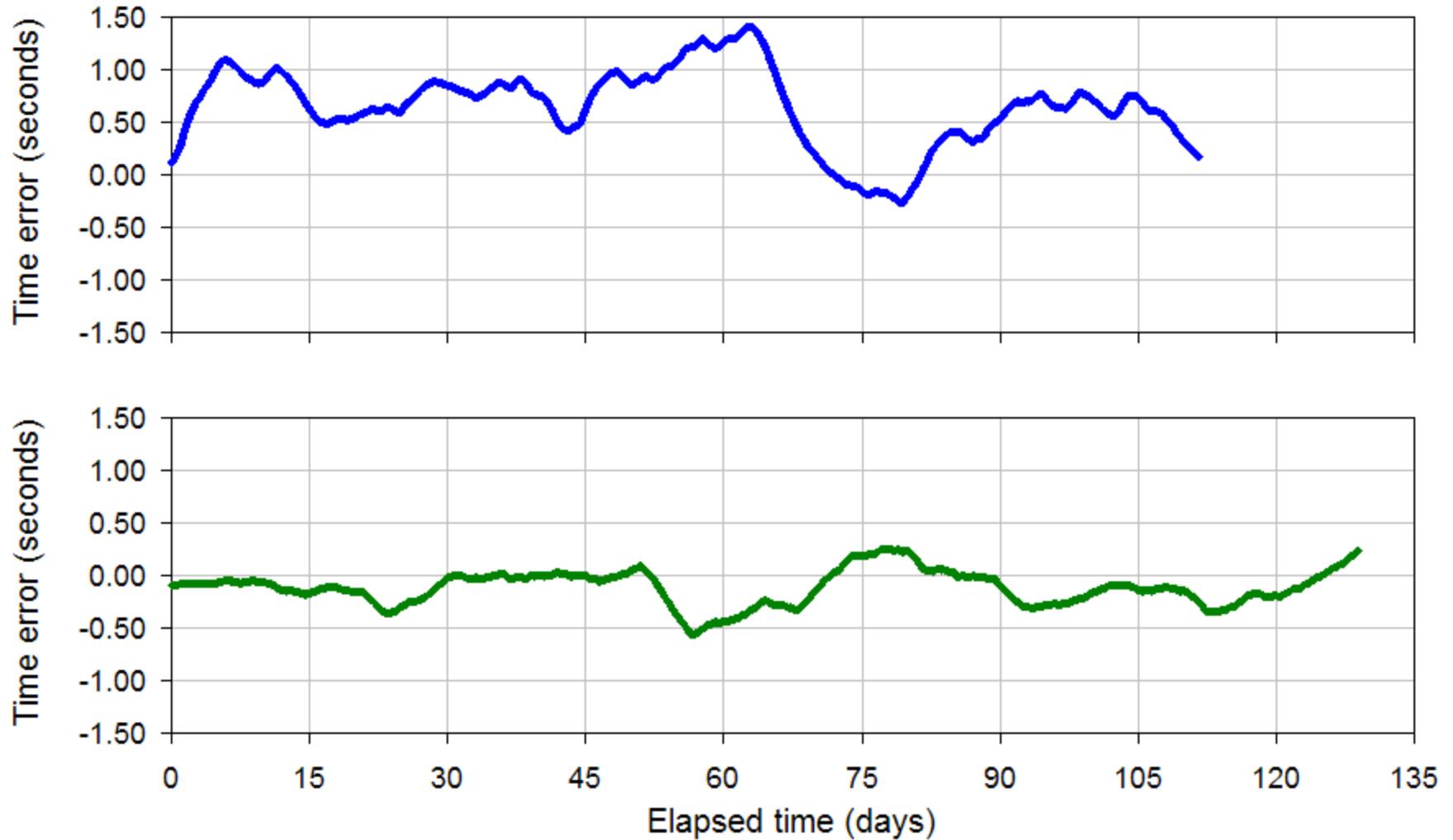


## 4: Second look, Clock “B”, 2015

- Now called “Clock B”
- Raw Microset / GPS data files
  - 300 second (5 min) samples
  - December 1, 2014 to April 8, 2015
  - 129 days
- N.B. all 2014/2015 plots in **green**

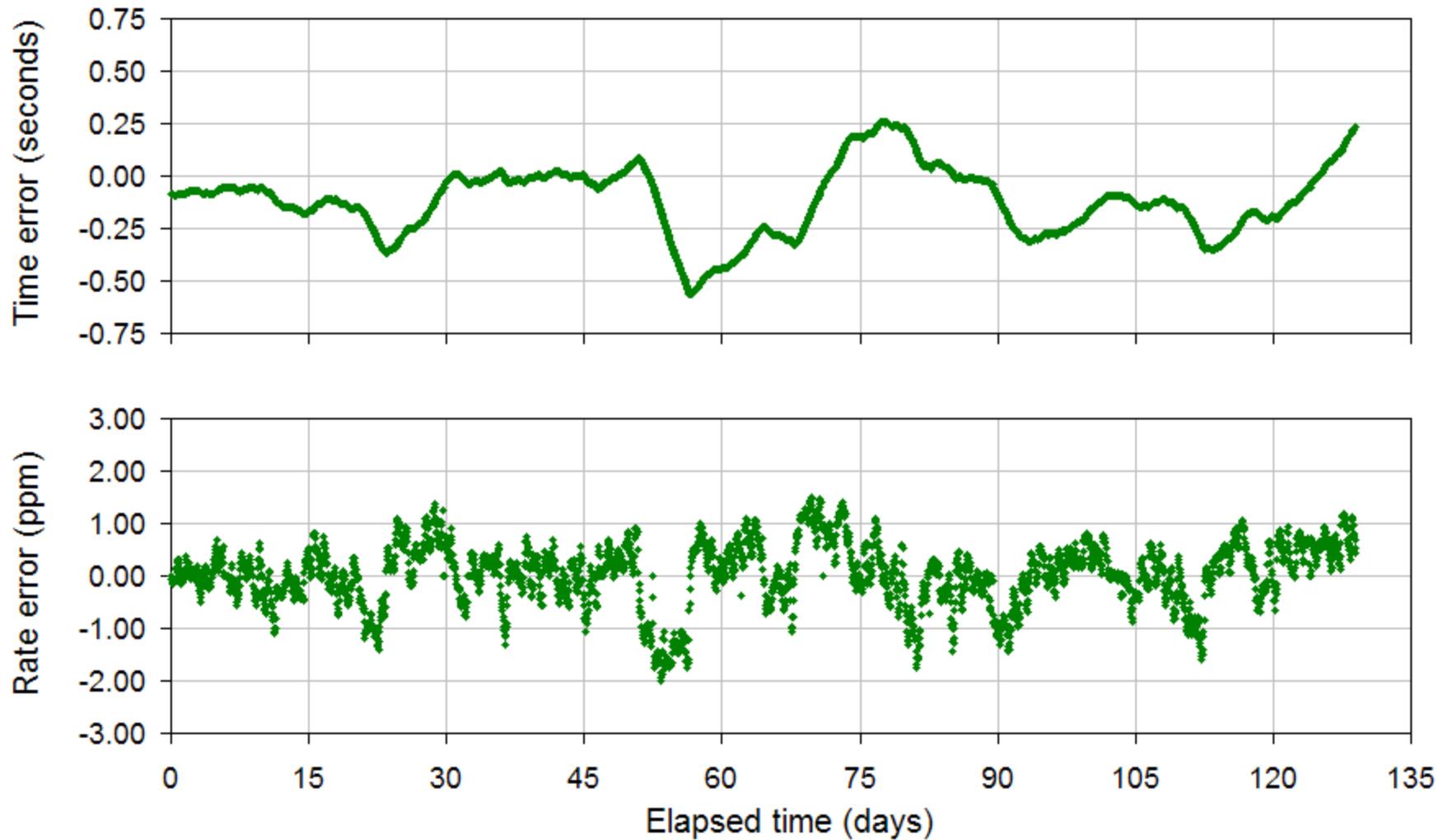
# 2013 data vs. 2015 data

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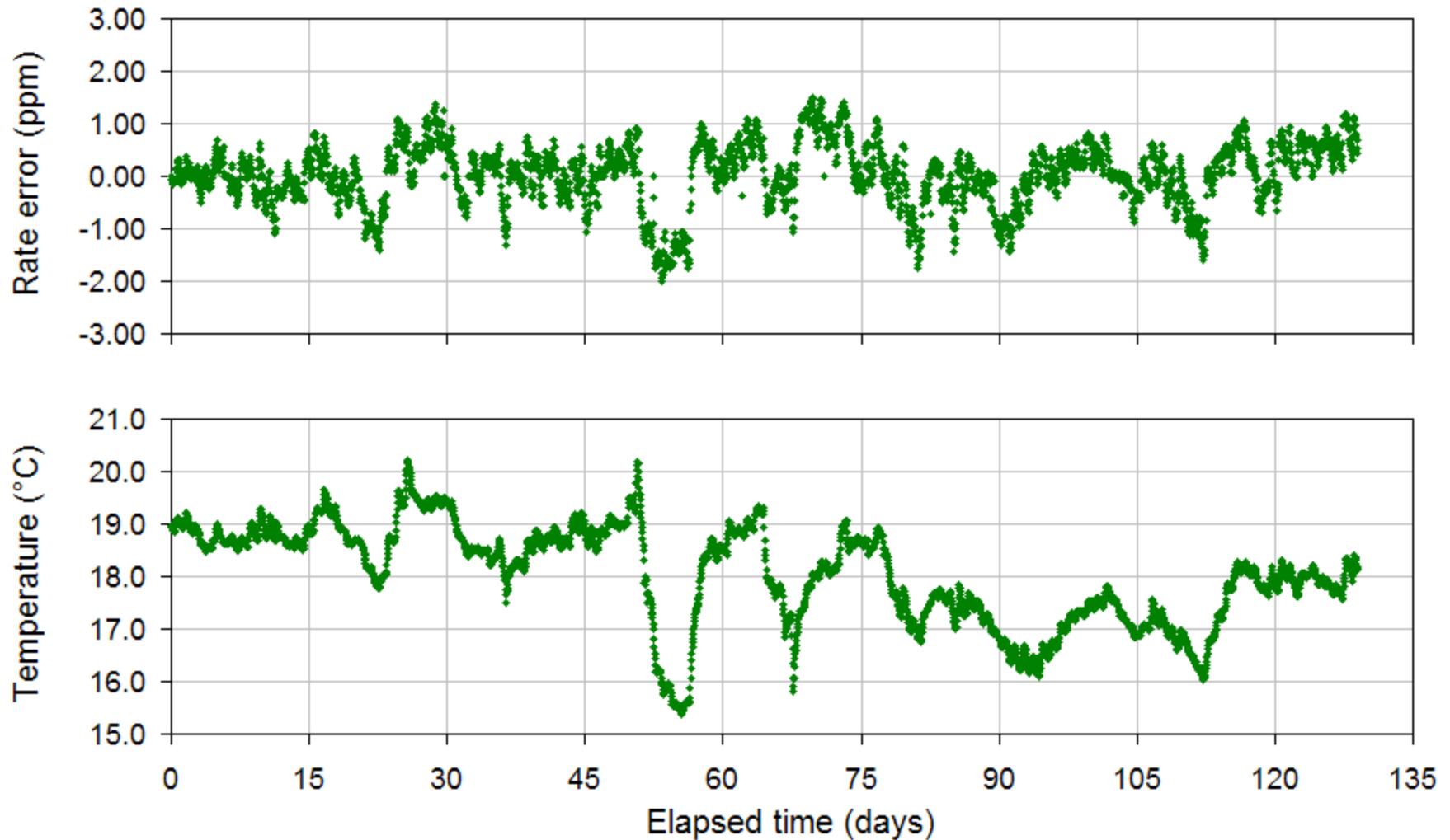
# Time drift and rate error (ppm)

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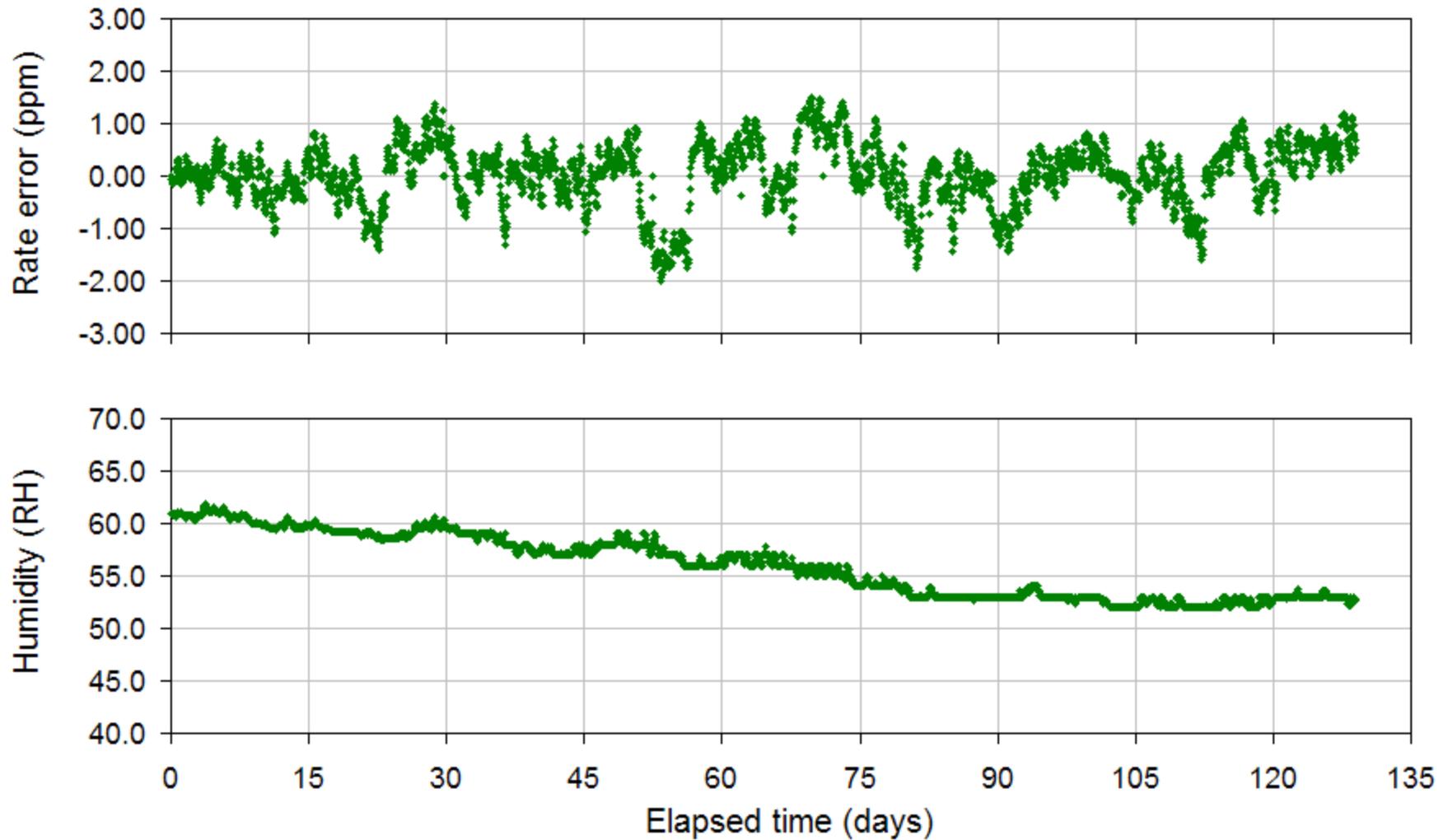
# 1) rate vs. temperature

---



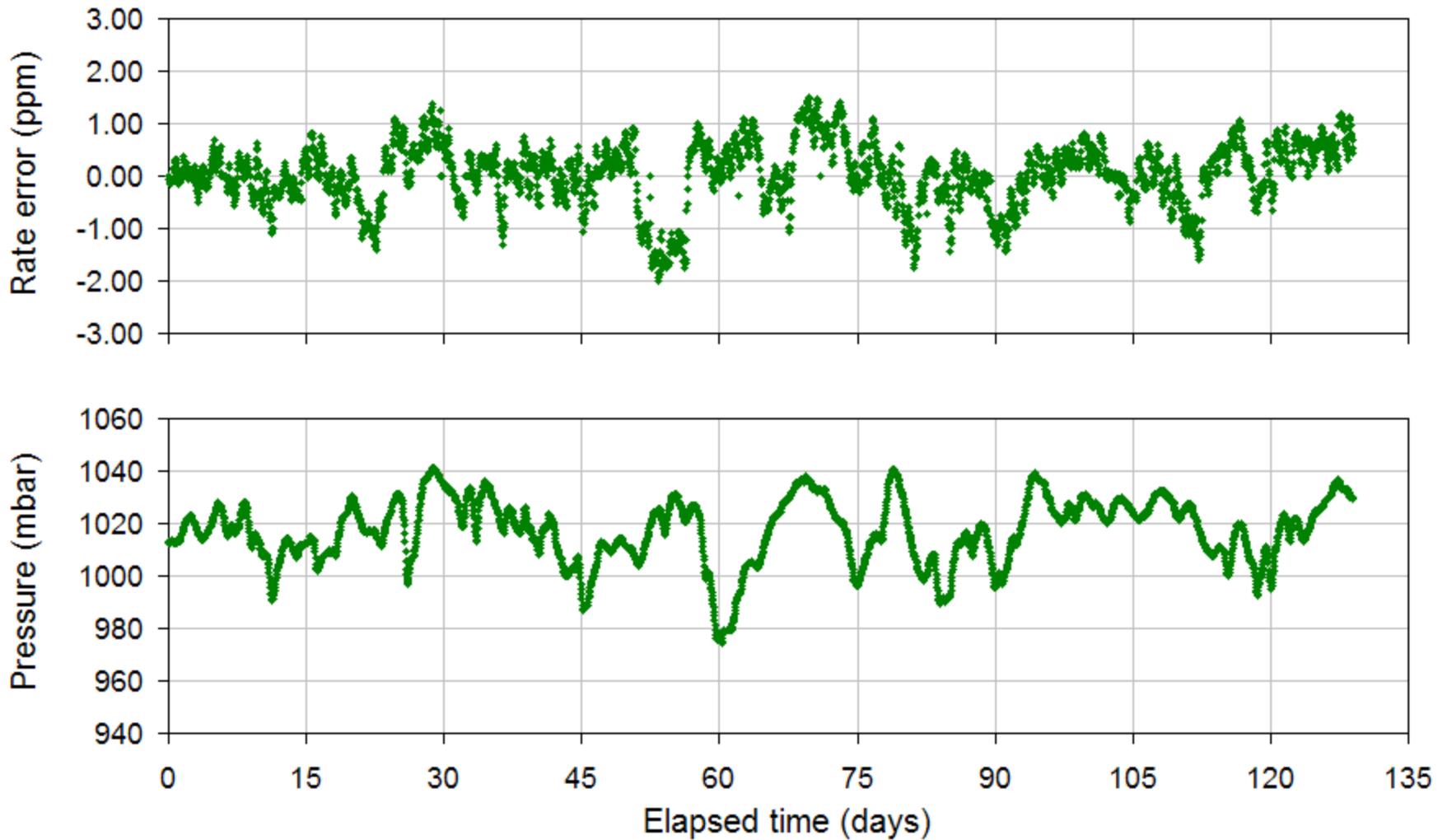
## 2) rate vs. humidity

---



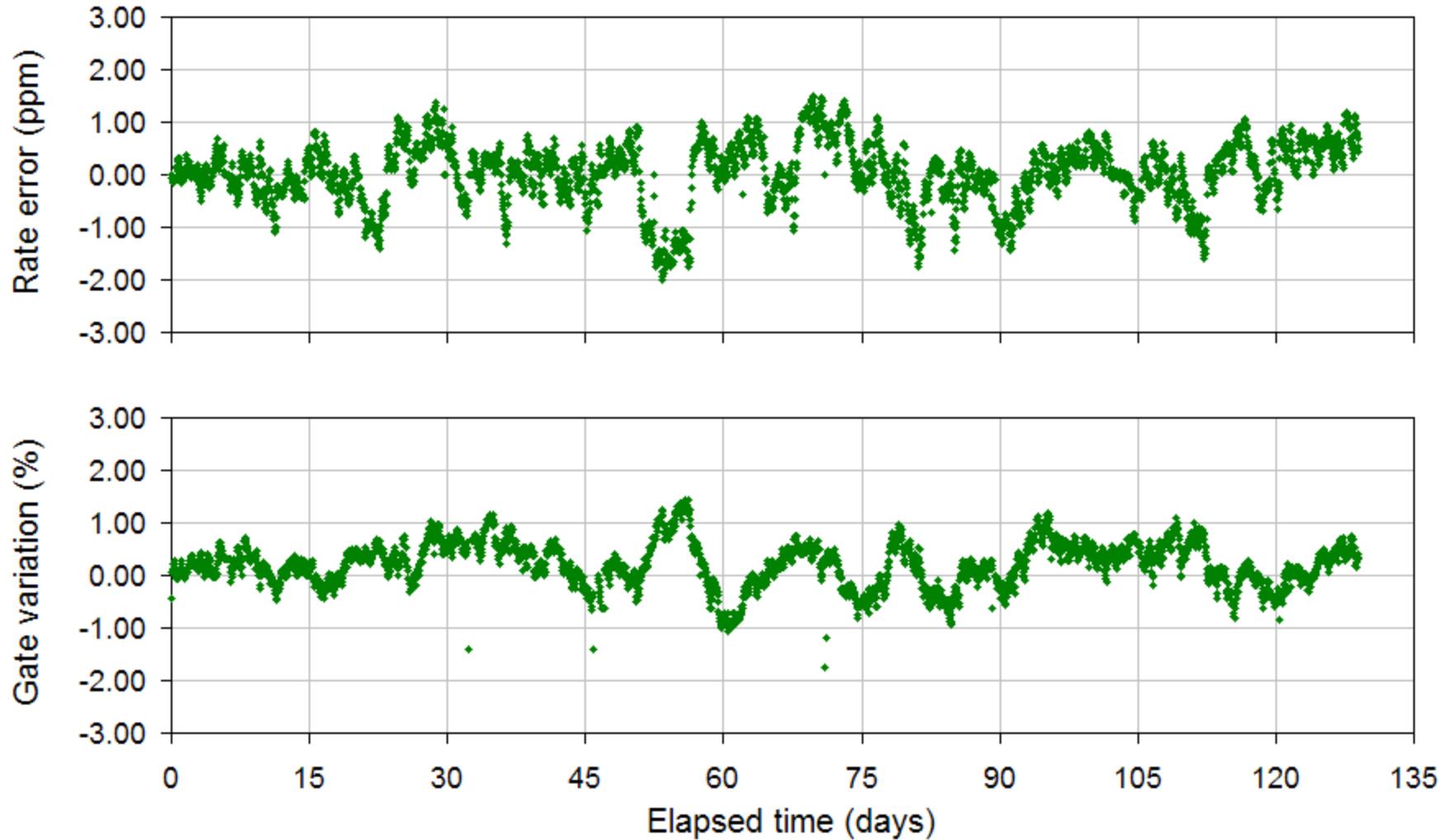
# 3) rate vs. barometric pressure

---



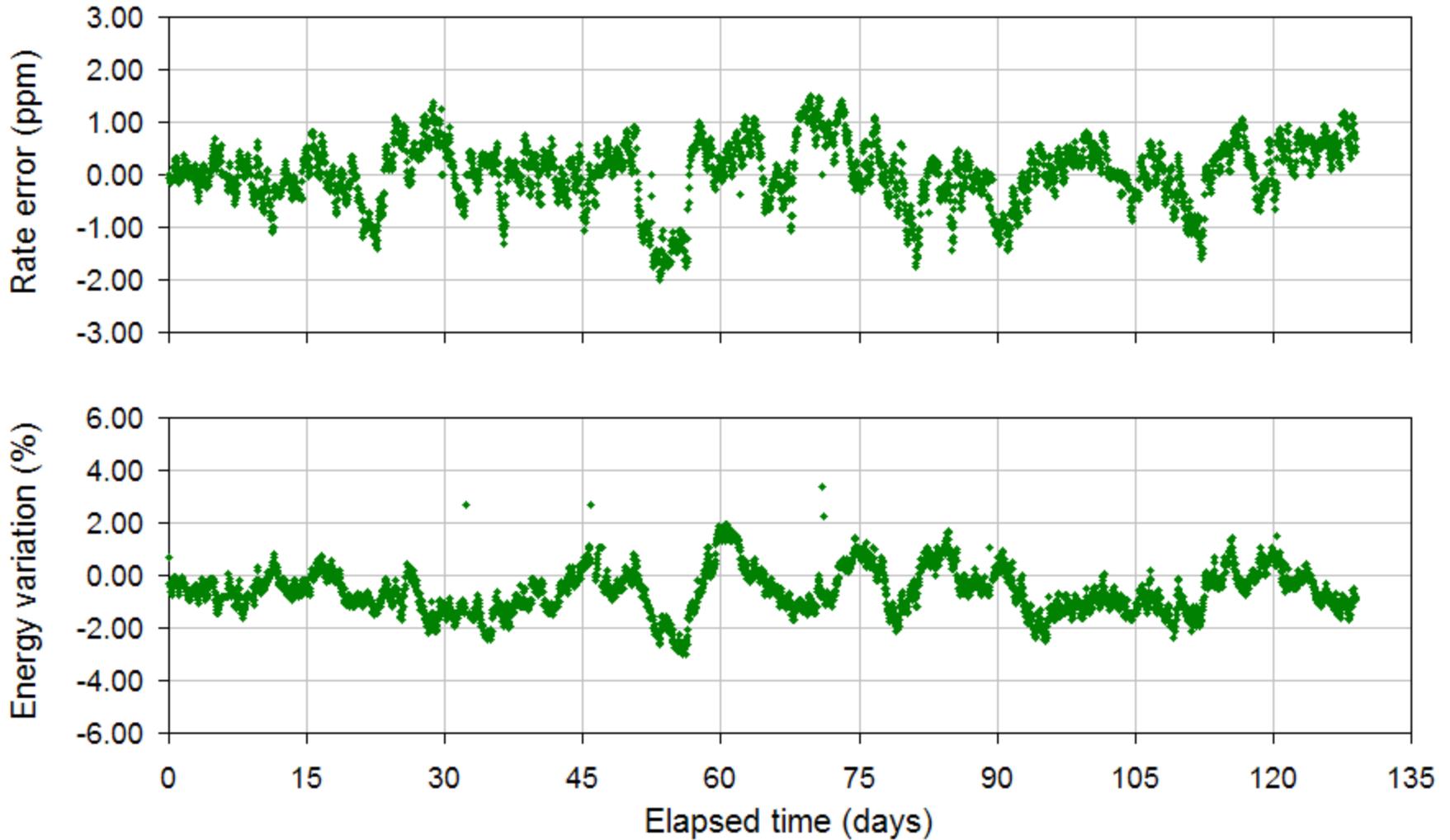
# 4) rate vs. “photogate time”

---



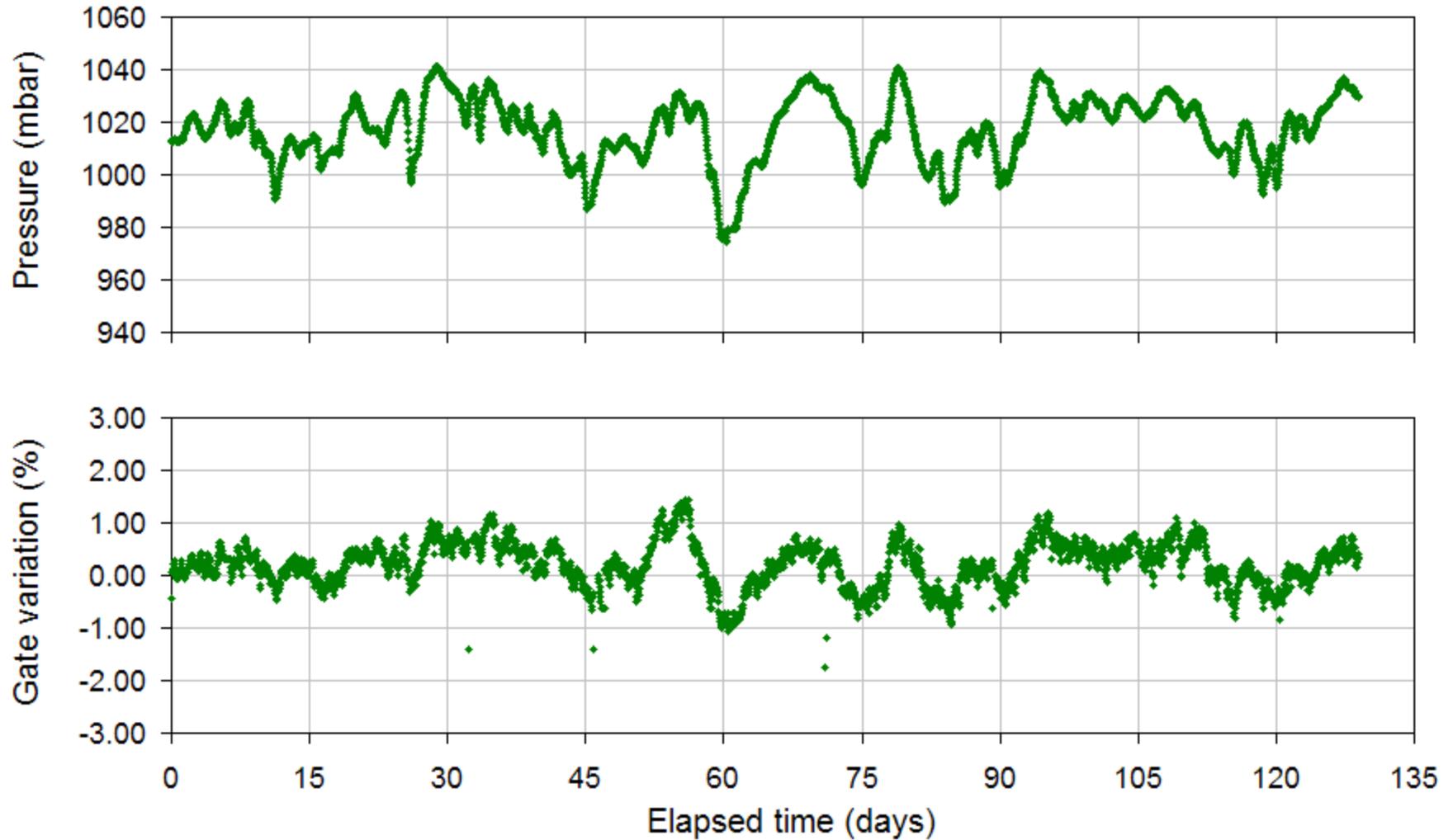
# 5) rate vs. energy

---



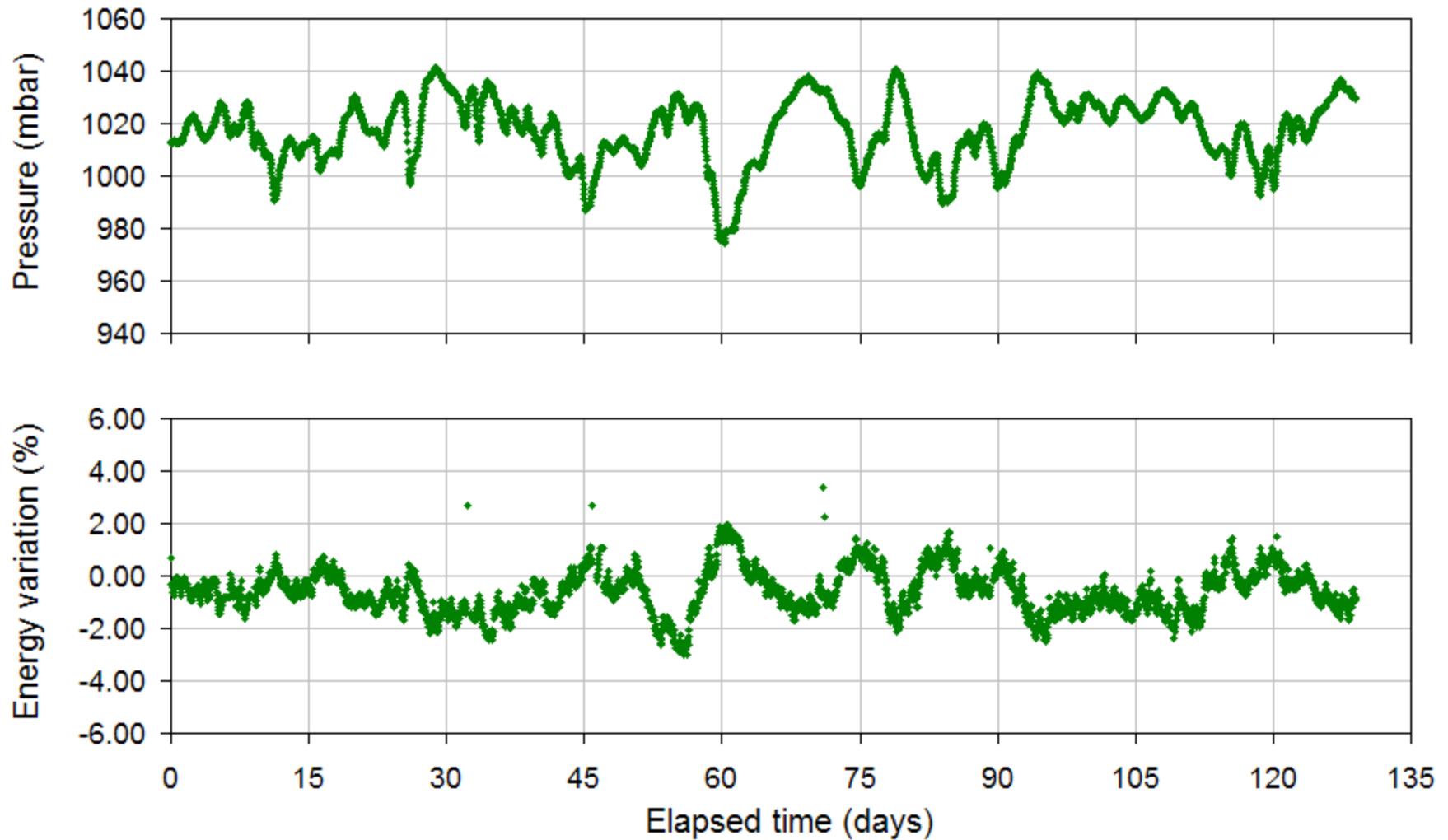
# 6) pressure vs. “photogate time”

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# 7) pressure vs. energy

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# About environmental effects

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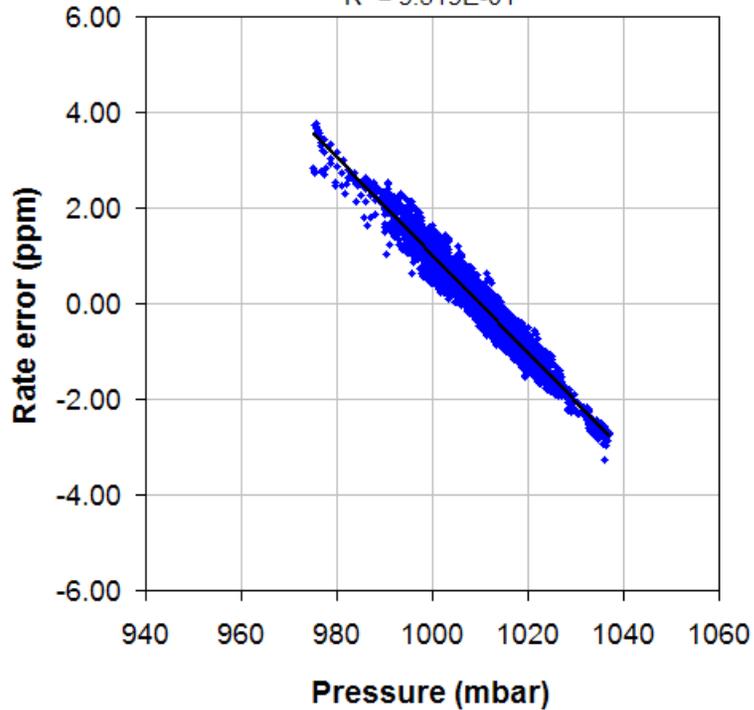
- Pendulum clock period  $T = f(\theta) \cdot 2\pi\sqrt{L/g}$ 
  - goal: minimum variation in  $L$  or  $\theta$  or  $E$
- Long-term performance depends on:
  - temperature (absolute, relative, gradient)
  - atmospheric pressure, air currents
  - humidity
  - shock & vibration (air, ground, wall)
  - material stability or other disturbances
  - energy loss stability & energy gain stability

# Correlation: rate/pressure

---

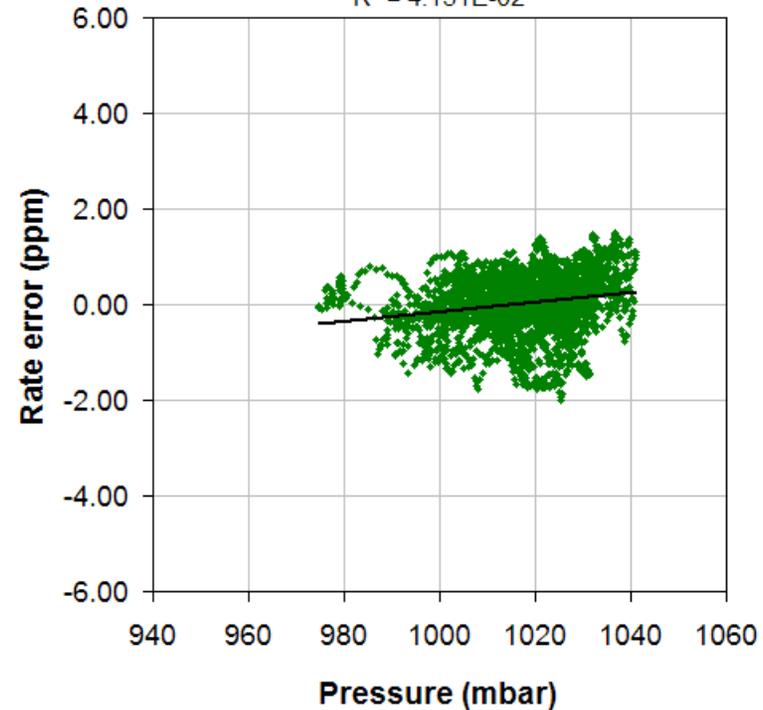
Correlation (scatter) plot -- 2012/2013

$$y = -1.025E-01x + 1.036E+02$$
$$R^2 = 9.519E-01$$



Correlation (scatter) plot -- 2014/2015

$$y = 9.930E-03x - 1.007E+01$$
$$R^2 = 4.151E-02$$



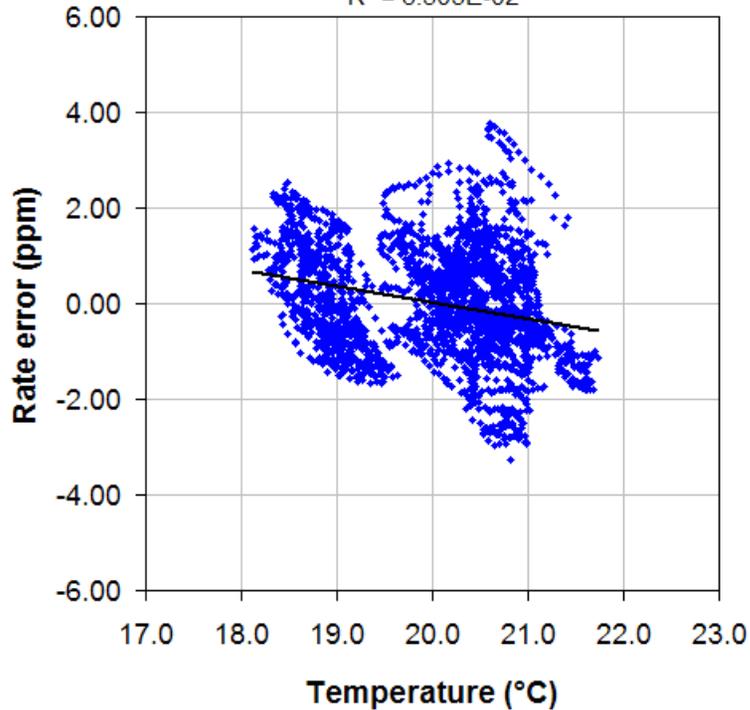
# Correlation: rate/temperature

---

Correlation (scatter) plot -- 2012/2013

$$y = -3.470E-01x + 6.958E+00$$

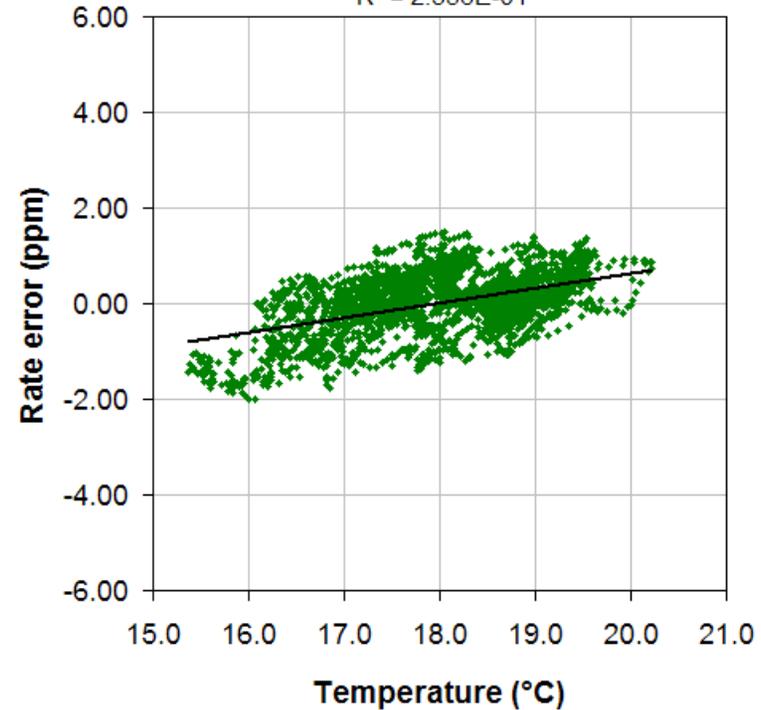
$$R^2 = 6.503E-02$$



Correlation (scatter) plot -- 2014/2015

$$y = 3.117E-01x - 5.593E+00$$

$$R^2 = 2.356E-01$$

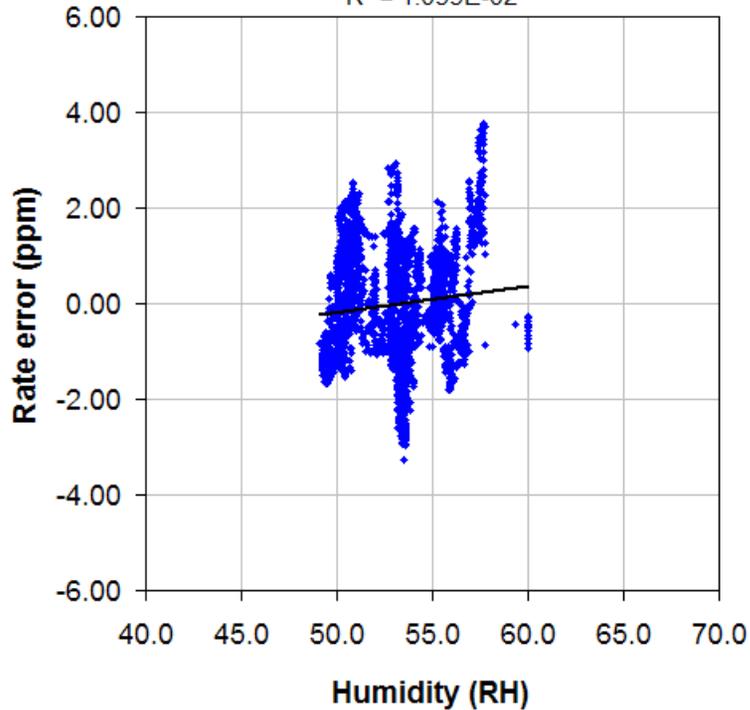


# Correlation: rate/humidity

---

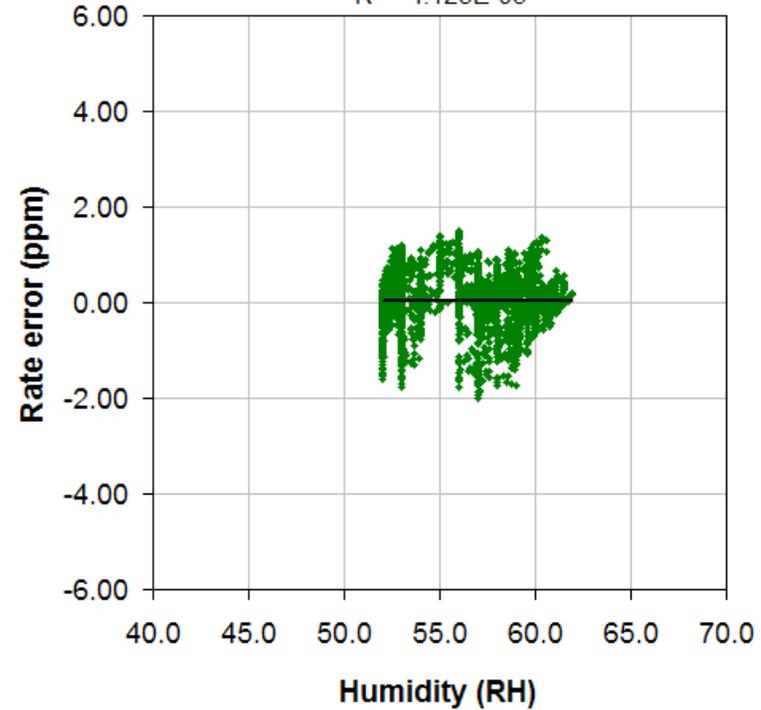
Correlation (scatter) plot -- 2012/2013

$$y = 5.381E-02x - 2.857E+00$$
$$R^2 = 1.099E-02$$



Correlation (scatter) plot -- 2014/2015

$$y = -1.315E-03x + 1.012E-01$$
$$R^2 = 4.123E-05$$

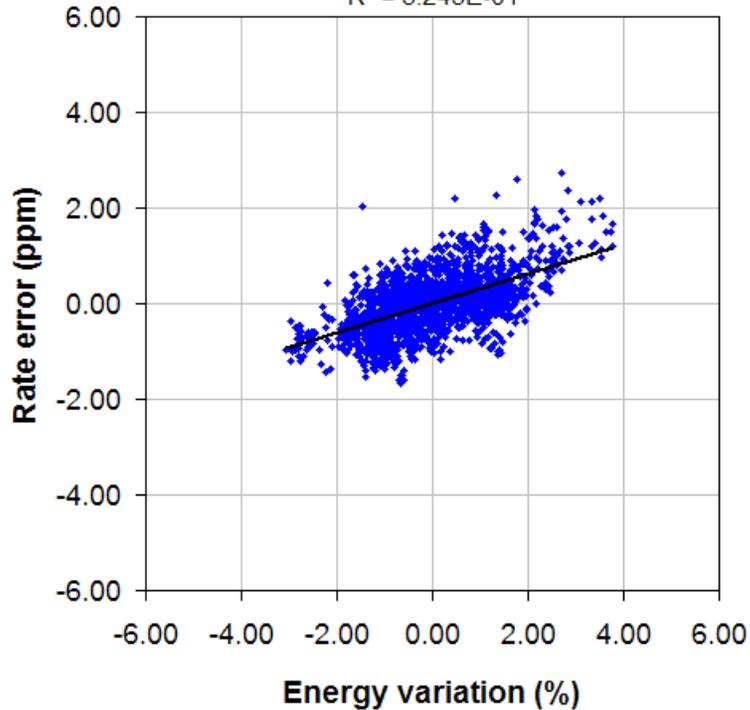


# Correlation: rate/energy

---

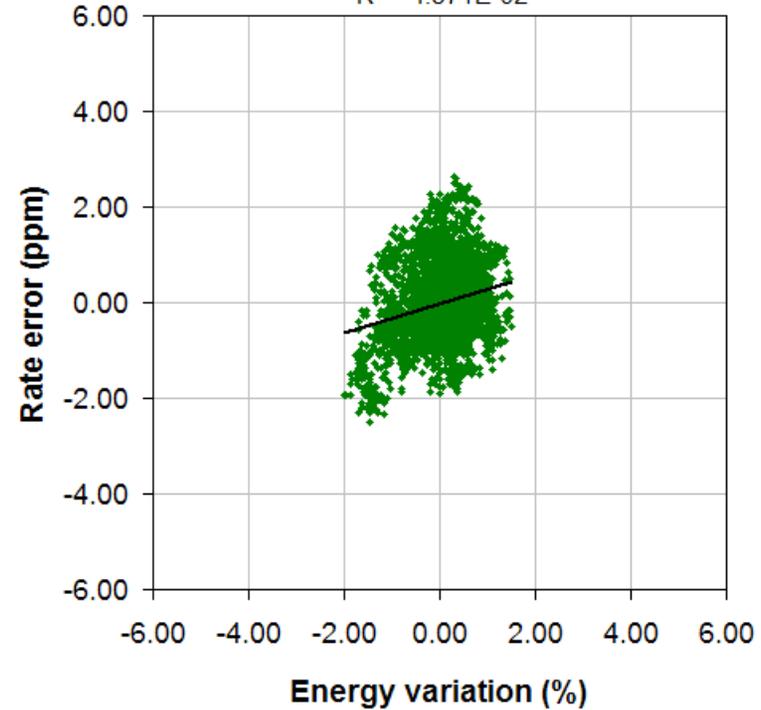
Correlation (scatter) plot -- 2012/2013

$$y = 3.032E-01x + 7.086E-03$$
$$R^2 = 3.243E-01$$



Correlation (scatter) plot -- 2014/2015

$$y = 3.034E-01x - 8.437E-03$$
$$R^2 = 4.871E-02$$

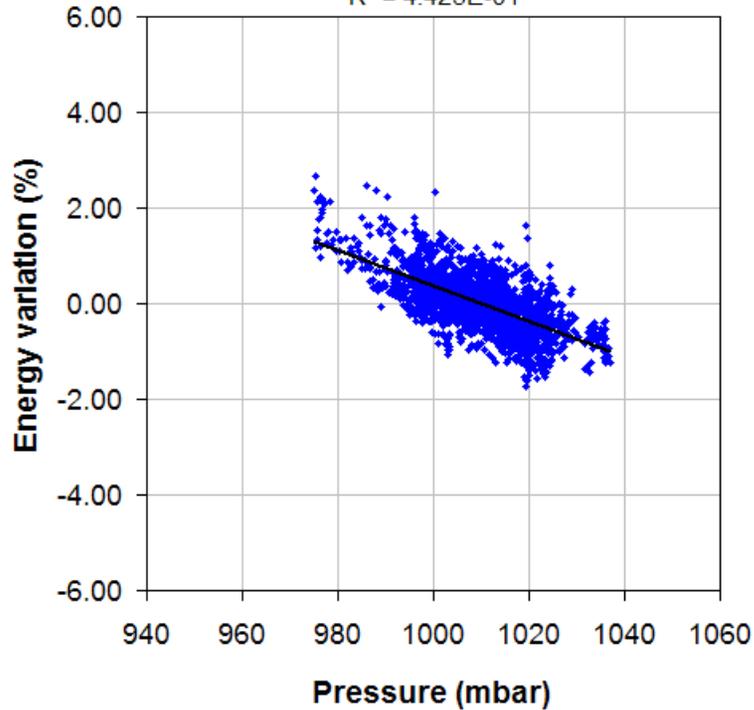


# Correlation: energy/pressure

---

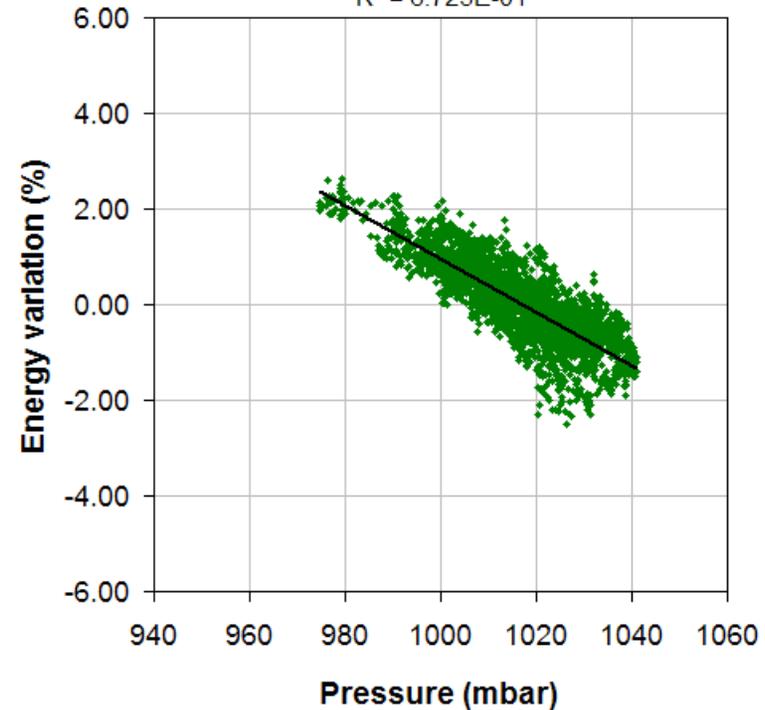
Correlation (scatter) plot -- 2012/2013

$$y = -3.744E-02x + 3.782E+01$$
$$R^2 = 4.425E-01$$



Correlation (scatter) plot -- 2014/2015

$$y = -5.548E-02x + 5.643E+01$$
$$R^2 = 6.725E-01$$

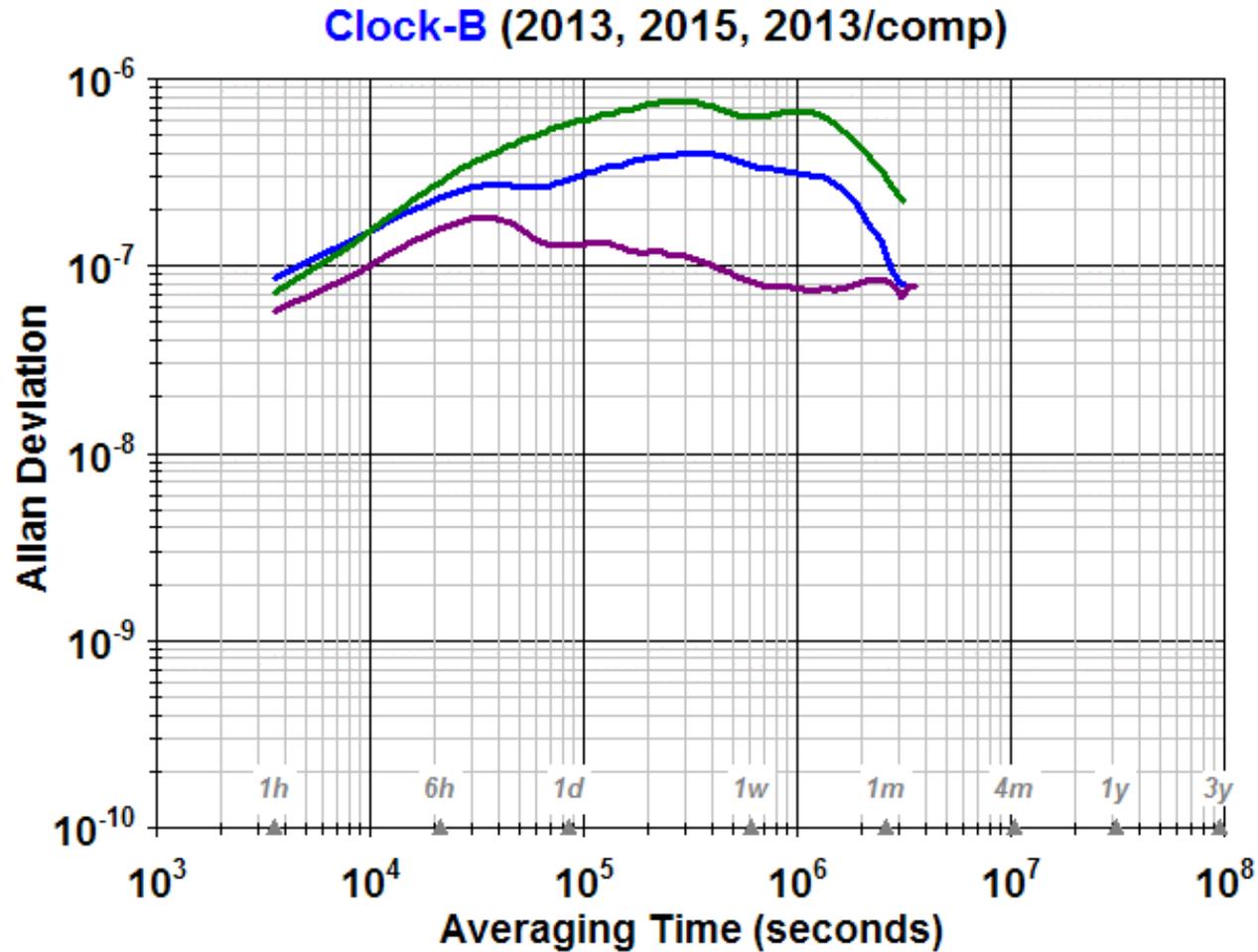


# 2015 summary

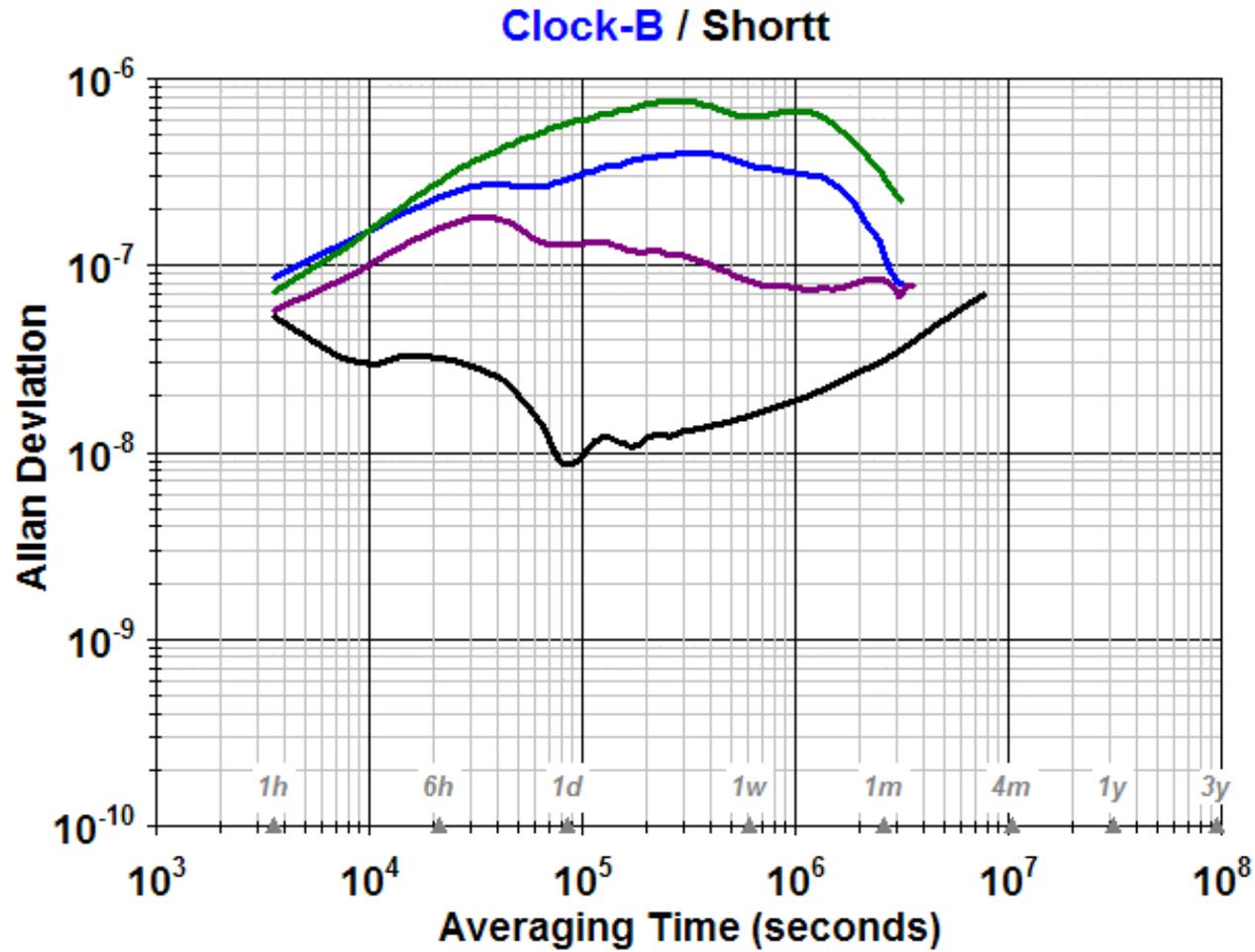
---

- Barometric pressure problem solved
  - correlation drops from 95% to 4%
- Humidity still has zero effect
- Temperature effect still very small
  - sign change  $-0.3$  ppm/C to  $+0.3$  ppm/C
  - same magnitude as before
  - but correlation increases from 6% to 24%

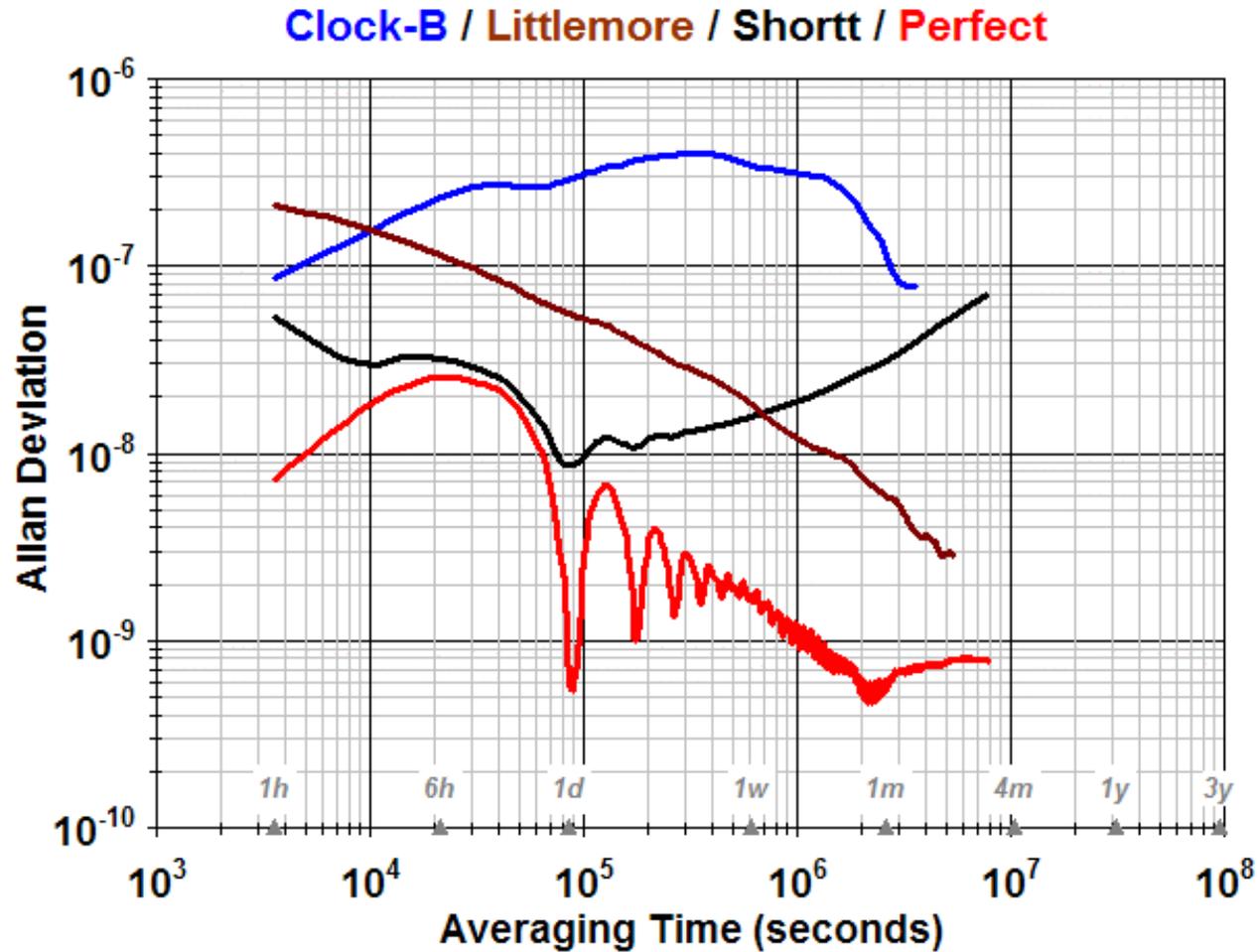
# Clock B, Allan deviation



# Clock B vs. Shortt #41



# Clock B vs. best pendulum



## 5: Pendulum accuracy, P & Q

- There is confusion about pendulum Q
  - books, articles, letters endlessly debate
  - exceptions to simple EE model of Q
- Simple idea:
  - keep old **Q**uality-factor as originally defined
  - define new **P**urity-factor to highlight stability
  - focus on energy and energy stability
- Maybe this solves the “Q problem”

# Pendulum accuracy (P and Q)

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- Three energy values:
  - $E$  is total energy (*large*)
  - $\Delta E$  is energy loss/gain per period (*small*)
  - $\sigma E$  is *variation* in energy each period (*tiny*)
- Accuracy (stability) is close to  $1/PQ$ 
  - $P$  is “purity” factor ( $P = \Delta E / \sigma E$ )
  - $Q$  is “quality” factor ( $Q = E / \Delta E$ )
  - Note also  $1/PQ = 1/(\Delta E/\sigma E \cdot E/\Delta E) = \sigma E/E$

# Analogy: bag is $E$ , spoon is $\Delta E$

---

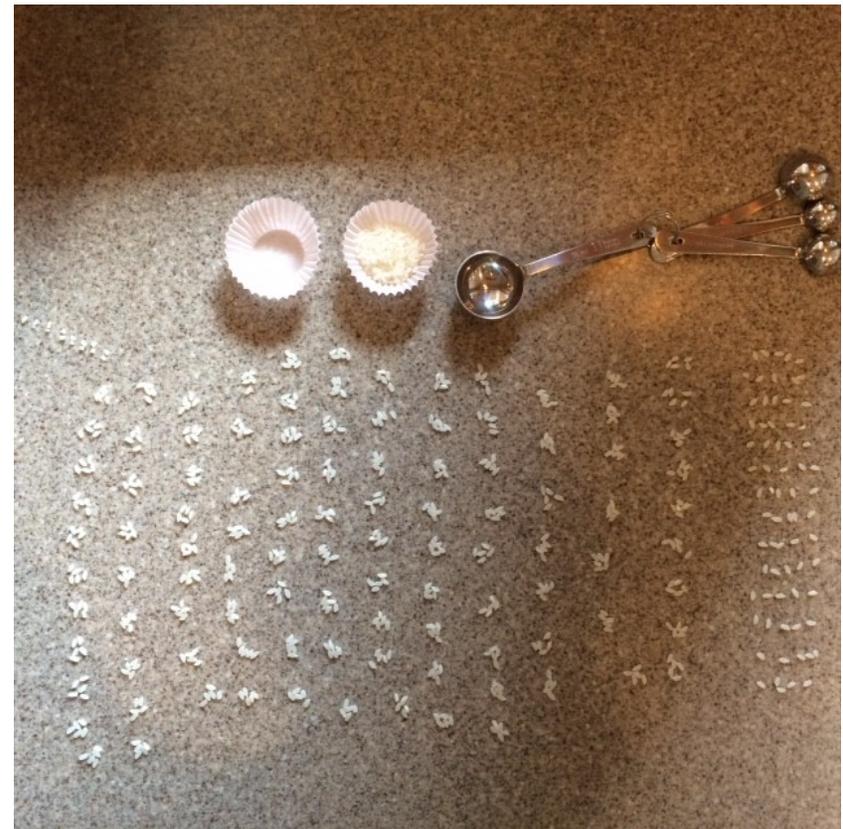


# Analogy: spoon variation is $\sigma E$

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# Analogy: measure $\Delta E$ and $\sigma E$



# Purity & Quality summary

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- $Q = E / \Delta E$ 
  - energy efficiency (*quality*)
- $P = \Delta E / \sigma E$ 
  - energy consistency (*purity*)
- $\text{Stability} = 1/PQ = \sigma E/E$
- Q is 100 to 100,000 or even 1,000,000
- P is 10 to 1,000 or even 10,000

# Talk summary

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- Perhaps P & Q model explains Clock B
  - allow designs with low Q but high P
- Clock B achieved stunning results
  - clock easily meets 1 second in 100 days
  - if it keeps going it may match Shortt #41
  - for long-term accuracy, at least
- Nice improvement 2013 to 2015
  - room for new temperature compensation

# Thanks for your time

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- Thanks to:
  - Jonathan Betts, Rory McEvoy (Greenwich)
  - Philip Woodward, Douglas Bateman (UK)
  - Bob Holmstrom, Bryan Mumford (USA)
  - HSN (Horological Science Newsletter)
- My contact email and website:
  - [tvb@LeapSecond.com](mailto:tvb@LeapSecond.com)
  - [www.LeapSecond.com](http://www.LeapSecond.com)